



2022 Gratitude Report

30 Years of
Collaboration in Action

Southeast Alaska
Independent Living

Annual Report
to Donors

July 1, 2021 to June 30, 2022



Collaboration in Action

Thirty years ago, SAIL began the journey of supporting Southeast Alaskans experiencing disabilities (and later on seniors) in their hard work to live independent, empowered lives of their own choosing. What has been most remarkable over these three decades are the partnerships that have resulted in the many successes, big and small, we continue to celebrate.

More than just a core value for SAIL, collaboration is quite literally how we came to be. Beginning in 1990, the Juneau-based nonprofit REACH agreed to incubate SAIL, with the goal that SAIL would spin off as its own entity within two years. In 1992, the year we incorporated,

SAIL served our first 30 consumers. Fast forward to 2022 and more than 2,800 Southeast Alaskans benefited from our services and support.

That legacy of cooperation continues to fuel our mission to Inspire Personal Independence. The examples are plentiful. We built accessible playgrounds in Sitka and Juneau alongside grassroots community organizations. Our summer work programs in Juneau, Sitka, Ketchikan, and Haines are the result of collaborations with The State of Alaska, municipal governments, local businesses, and community organizations. The SAIL Challenge Course at the Eagle Valley Center is possible thanks to our partnership with the City and

Borough of Juneau, and the new Teal Street Center, currently under construction, is becoming a reality after more than a decade's worth of work thanks to the cooperation of dozens of government, tribal, nonprofit, and healthcare organizations.

This year's annual report celebrates just a few of our recent successes. Big or small each one of these achievements are made possible because of the teamwork of many, including your generous support.

With Gratitude,



Joan O'Keefe

Norton Gregory

Executive Director

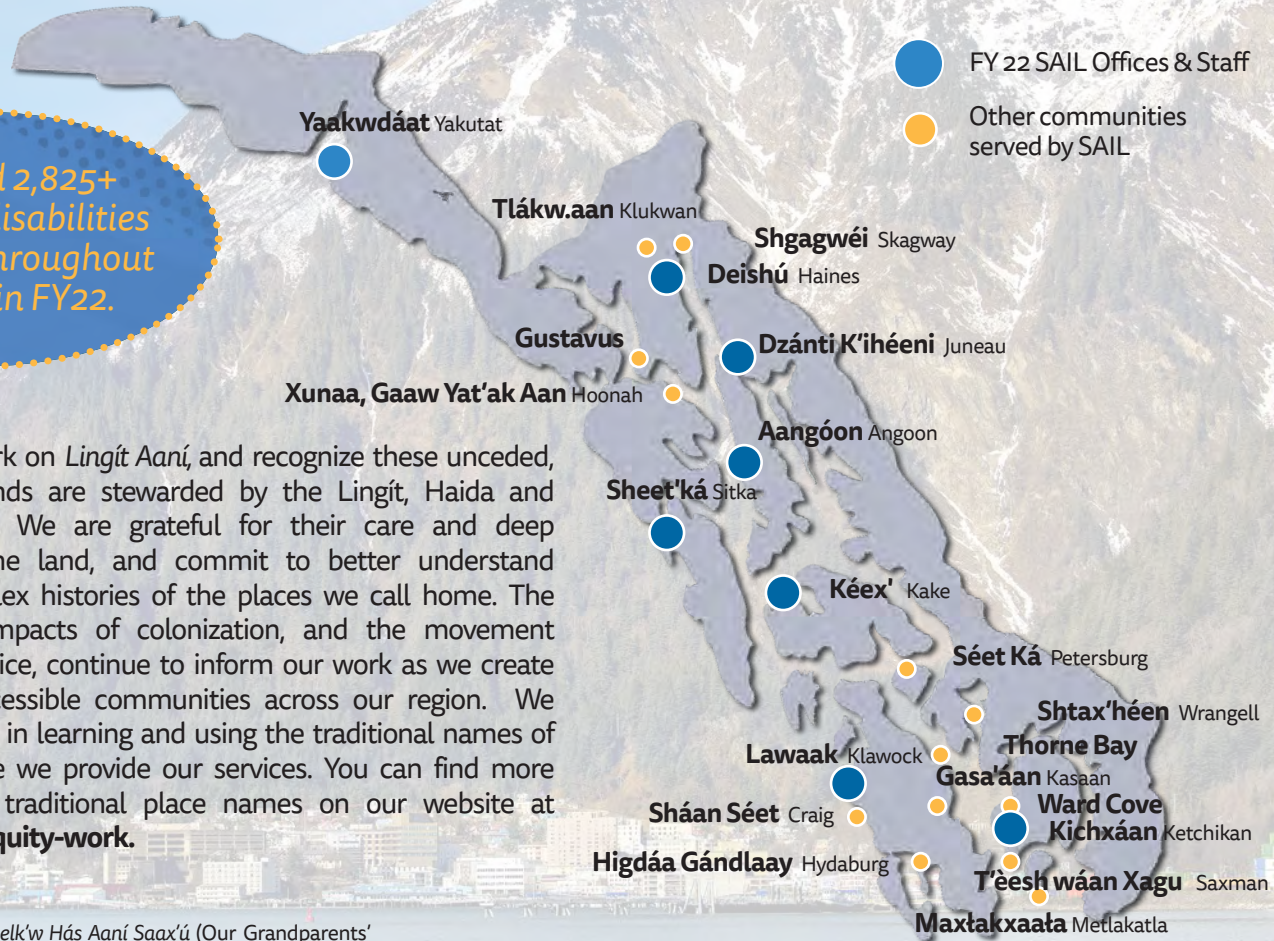
Board Chair

SAIL served 2,825+ people with disabilities and seniors throughout Southeast in FY22.

We live and work on *Lingít Aaní*, and recognize these unceded, traditional lands are stewarded by the Lingít, Haida and Tsimshian Peoples. We are grateful for their care and deep commitment to the land, and commit to better understand the rich and complex histories of the places we call home. The intergenerational impacts of colonization, and the movement for healing and justice, continue to inform our work as we create more inclusive, accessible communities across our region. We invite you to join us in learning and using the traditional names of communities where we provide our services. You can find more information about traditional place names on our website at www.sailinc.org/equity-work.

Place names from *Haa Léelk'w Hás Aaní Saax'ú* (Our Grandparents' Names on the Land), compiled by Thomas Thornton, as well as information from the Alaska Native Language Archive (UAF).

- FY 22 SAIL Offices & Staff
- Other communities served by SAIL



Community Teamwork for Long Term Health

This is a story about the power of teamwork and collaboration within a community.

Chuck is a senior who is well known by many in Ketchikan. By the time SAIL was introduced to Chuck, he'd been homeless for several years. With low vision and several physical disabilities, his mounting and immediate needs also included access to medical care, food security, and appropriate winter clothing.


After a sudden eviction from the stoop he was sleeping under, and thanks to a local grocery store clerk who befriended Chuck, SAIL staff got Chuck to the hospital and then a local homeless shelter. SAIL, Southeast Senior Services and a social worker from PeaceHealth worked together with Chuck, and a long-term safety plan was hatched. SAIL's Aging and Disability Resource Center staff connected Chuck with care coordination and helped him apply for Medicaid funding to

cover his medical needs and assisted living expenses. While he waited for a room to become available at the Pioneer Home, we also secured grant funding for warm winter clothes and loaned him items from our loan closet. At last, with funding in place, a room became available at the Pioneer Home for Chuck to move in.

SAIL staff recently caught up with Chuck at the Pioneer Home. He's now a full time resident and looks like a person with a new lease on life. Excited

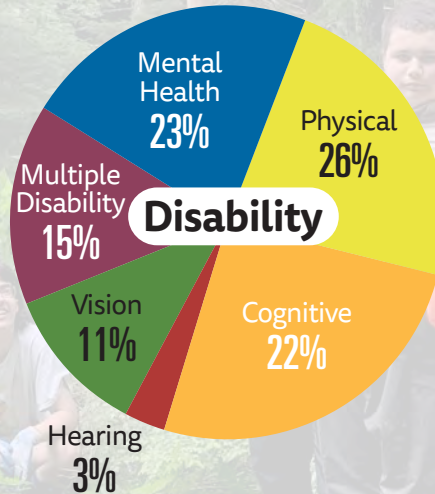
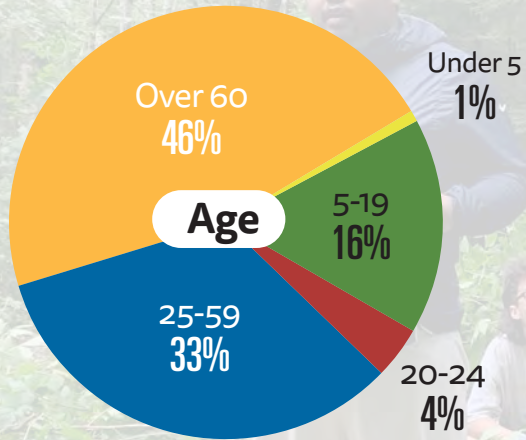
to take guests on a tour of the facility, including his room and the rooftop garden, Chuck referred to the collection of organizations that worked with him as “y’all.”

“Without y’all, I’d still be sleeping under the bridge. Now look at me, I get three meals a day and snacks whenever I want them.”

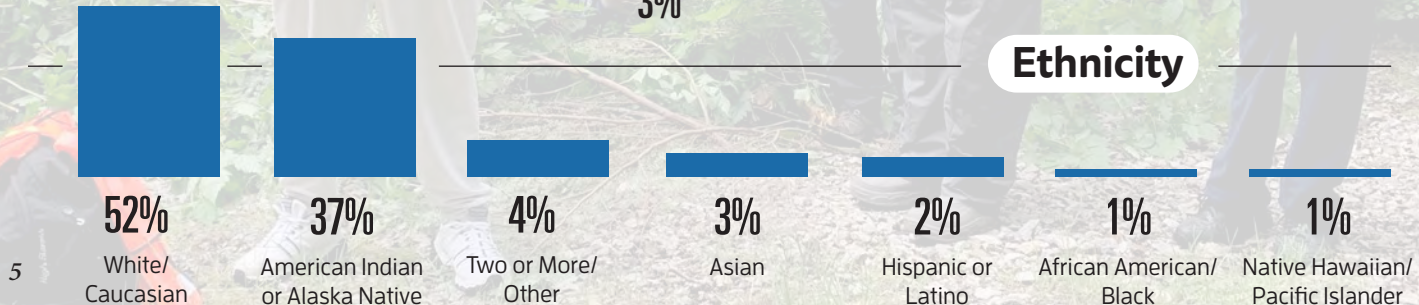


From information and referral, to peer support and home accessibility, SAIL served more than 1,300 seniors in FY22.

SAIL Service Demographics



“What an asset for the community. My (child) is learning job skills and getting out with their peers. Thank you for going above and beyond.”





Partnering for Senior Success

Collaboration and partnerships are key components of SAIL's programming. In Sitka, these partnerships became particularly important when staff learned about a marked increase in the number of seniors experiencing dangerous falls that lead to injuries. While SAIL already had programs to help with fall prevention like our senior hiking club and providing walkers, canes, and ice grippers from our loan closet, we knew that seniors needed more support.

After one of the most icy

winters in recent memory, the SEARHC Health promotion team reached out to SAIL to form a fall prevention coalition. Now an active coalition of nonprofit, State, and health leaders in Sitka, the group provides information about falls, fall prevention kits and other services to seniors.

With the support of the Fall Prevention Coalition, SAIL's programming grew. SAIL's senior hiking program ultimately helps prevent injury because keeping active is the number one solution to staying safe from falls. Senior

hiking also helps with connection and peer support so when someone is sick or needs support, they can rely on the friends that they made through activities. For those who are not able to hike, SAIL staff point them to other programming like senior walking hours at the local community gym and other exercise classes. This allows SAIL staff to provide a holistic approach to the services that we offer where no one is left behind and everyone has an opportunity to improve their health and independence.



Sitka SAIL hosted 30+ senior hiking club events in FY22!

In Loving Memory

Anna Leaves a Lasting Impact

Each year we have the pleasure of welcoming Jesuit Volunteers to the SAIL family. "JV's" are an integral part of SAIL's ability to serve a wide range of consumers in our communities, and we are grateful for the many thoughtful, creative, and generous individuals who have dedicated a year of service to SAIL.

Anna Hennessey served as SAIL's JV in Sitka from August of 2019 to July of 2020. Whether she was organizing the loan closet, hiking with seniors through the woods, or leading a sledding outing on a rare snowy day, Anna brought humor and

her caring nature to SAIL.

SAIL's mission to Inspire Personal Independence became personal for Anna when she was diagnosed with cancer towards the end of her service year, and returned home. Whenever SAIL staff connected with Anna

throughout her treatment process, she talked about her transition from being a mobile young person, to the ups and downs of cancer treatment. Anna found herself having to rely on some of the same durable medical equipment

that she had distributed out of SAIL's loan closet only a year prior.

The world lost a bright talent when Anna passed away on November 11, 2021. Anna was loved in Sitka and throughout SAIL, and is deeply missed. More than 50 generous donors have made donations to SAIL in Anna's memory. These gifts directly benefit the programs Anna loved in Sitka. Thank you.

Anna was part of the team that led a group of Southeast consumers on a fun-filled trip to Kona, Hawaii in 2019



More than 600 households, businesses, foundations, municipalities, and organizations generously supported SAIL during FY22.

These gifts are an essential source of flexible income that enables SAIL to respond to emerging needs in our communities and serve thousands of seniors and people experiencing disabilities. Thank you for your generosity.

The following gifts were made in memory or honor of loved ones. Tribute gifts are a meaningful way to honor the memory of your loved one or to recognize someone you admire.

IN MEMORY OF

- | | |
|----------------------|---------------------|
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| Dean Williams | Karen Wiley |
| Elizabeth Tonsmeire | Kristina Glassmaker |
| Gwen Hammersland | Tony Strong |
| McDonald | Vinca Gilman |

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- | | |
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Thank you for your generosity! 7/1/2021-6/30/2022

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Strengthening Traumatic Brain Injury Support at SAIL



In FY22, SAIL expanded our programming for individuals with Traumatic or Acquired Brain Injuries (TABI) thanks to new grant funding and a partnership with the state's Division of Senior and Disability Services. Key to the program is helping individuals experiencing a brain injury to access resources that support their independence and inclusion in society. With the consumer in the driver seat, SAIL helps identify needs,

assists in service access, and provides ongoing support and encouragement.

SAIL also now administers the TABI mini grant program. Up to \$2,500 per year (\$5,000 max over a 5 year period) is made available to pay for supplies or services not covered by other sources. In our first year, nine individuals received grants that covered critical goods and services like medical and dental bills, home modifications,

utility costs, and community transportation.

With a TABI peer support group already established in Juneau, the new funding has allowed SAIL to expand our peer support offerings. This included a new brain injury support group hosted at the Glory Hall, Juneau's homeless shelter.

Already facing uncertainty every day, individuals who experience homelessness alongside a brain injury or other co-occurring disabilities find themselves encountering more barriers and mounting anxiety. SAIL's new support group helps individuals experiencing homelessness find constancy and a safe space to talk through peer support and therapeutic art activities.

One of the beneficiaries of SAIL's expanded TABI services has been Rodney. Homeless for twenty-five years, Rodney and Kimberly, SAIL's TABI Coordinator, started a conversation about healing and what keeps us going every day -

like family, going for walks, and art. "I like knowing that every couple weeks you show up," said Rodney. "Doing art helps me breathe and my brain feels

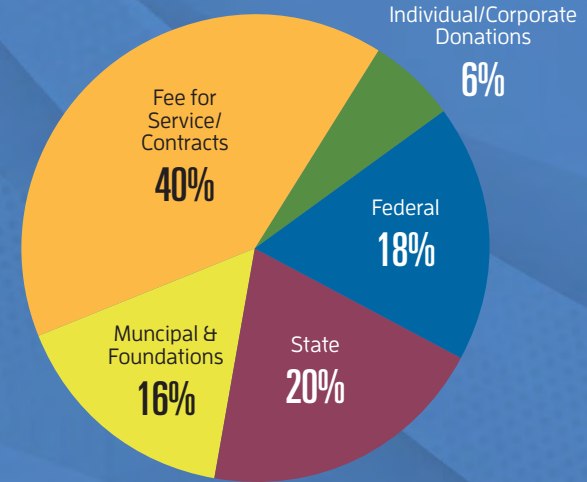
less fuzzy." Rodney is just one of many people that receive support from Kimberly and their peers.

“The SAIL team has been so wonderful in their efforts to support our family in any way they can. We were lucky to receive both TABI and Alaska Mental Health Trust grants this year thanks to their efforts. The profoundly positive effect that these services have for our daughter, and our family as a whole, can not adequately be described here. The benefits to her growth and development, both socially and emotionally are huge, as is the immense relief we are granted by knowing she is being nurtured and cared for in ways we can not always provide. We are so grateful!”

Southeast Alaska Independent Living, Inc.
Statement of Financial Position
as of June 30, 2022

ASSETS	
CURRENT ASSETS	
Cash and cash equivalents: Operating	
	\$ 223,005
Accounts and grants receivable	525,926
Prepays and deposits	77,686
Total Current Assets	826,617
PROPERTY AND EQUIPMENT, net	787,789
LONG-TERM INVESTMENTS	386,865
BENEFICIAL INTEREST	491,230
Total Assets	\$ 2,492,501
LIABILITIES AND NET ASSETS CURRENT LIABILITIES	
Accounts payable	\$ 156,667
Accrued payroll expenses	140,788
Refundable advances	75,455
Total Current Liabilities	372,910
NET ASSETS	
Without Donor Restrictions Undesignated	453,707
Invested in equipment and leasehold improvements	787,789
Beneficial interest	491,230
Board-designated endowment	386,865
Total Net Assets Without Donor Restrictions	2,119,591
With Donor Restrictions	0
Total Net Assets	2,119,591
Total Liabilities and Net Assets	\$ 2,492,501

SAIL Funding



SAIL's Board of Directors Live in the Communities we Serve!

Norton Gregory, Chair, Douglas
Jeff Irwin, Vice-Chair, Gustavus
Suzanne Williams, Secretary, Saxman
Mary Gregg, Treasurer, Ketchikan
Robert Purvis, Sitka

Brandee Gerke, Juneau
Ellen Pavitt, Juneau
Cindy Mills, Klawock
Joan Sizemore, Haines
(new in FY23)

ORCA

Accessible recreation activities through SAIL's ORCA program continued to delight participants this year. From skiing to kayak trips, youth camps to team building activities, outdoor enthusiasts of all abilities have the opportunity to challenge themselves and make new friends along the way.

390

Number of accessible activities held in Sitka, Ketchikan and Juneau.

714

Number of individuals that strengthened their leadership, teamwork, and collaboration skills on the SAIL Challenge Course.

48

Number of volunteers that shared their passion for making the outdoors more accessible.

\$11,650

Amount of scholarships provided so anyone could benefit from the joys of ORCA, regardless of ability to pay.





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