CELEBRATING 25 YEARS
Inspiring Personal Independence

2018 Annual Report
July 1, 2017 to June 30, 2018

Southeast Alaska Independent Living
Welcome Friends!

SAIL is celebrating 25 years of promoting independent living in Southeast Alaska—and we are so grateful that you have been with us on this voyage. Together we have made our communities more inclusive, welcoming and accessible for all our neighbors. Here are just a few highlights from this past year:

With the completion of the restored Project Playground in Juneau, we remember how SAIL was instrumental as the non-profit umbrella for the first build in 2007, ensuring inclusion and accessibility for Juneau’s youth with disabilities. We are proud to have continued to advocate for increased playground accessibility with the Project Playground rebuild ten years later. The result is new poured-in-place surfacing that allows for a smooth, roll-able surface across 100% of the playground. Building on the success in Juneau, SAIL was asked to be the non-profit umbrella organization for Sitka’s Community Playground. In 2018 the playground opened with many inclusive and accessible features, including similar 100% accessible surfacing.

After several years of careful design and nurturing, IL STAND, a culturally responsive independent living program, is active in six rural Southeast Alaska communities. SAIL is partnering with local tribes and locally-hired staff to provide services in Kake, Klawock, Hydaburg, Yakutat, Angoon and Hoonah. We have also invested in cross-cultural communication training for SAIL staff so that we can better serve our Alaska Native consumers experiencing disabilities.

Thanks to a partnership with state and federal funders, as well as local business, we have made wheelchair accessible taxis available on-demand, 24/7 in Juneau since 2004. A similar service is now available in Ketchikan. These services make our communities more welcoming for visitors and help our neighbors get to work, medical appointments and community events.

Finally, our beloved adaptive recreation program, ORCA. Since 1996, ORCA has been an essential program of SAIL. Today, ORCA continues to provide challenging recreation opportunities for individuals of all ages and abilities from skiing at Eaglecrest to senior hikes in Sitka to Youth Employment in the Parks in Haines and Juneau to kayaking throughout Southeast.

We are proud to have accomplished so much in partnership with our staff, our consumers, our communities and YOU—and we look forward to SAIL-ing together for another 25 years.

Kate Burkhart
Board President
A Permanent Fund for Independence
SAIL Launches Lasting Endowment

In June, SAIL took a great stride toward Inspiring Personal Independence by creating the SAIL Legacy Fund for Independence.

The Legacy Fund, which is locally invested with the Juneau Community Foundation, is a permanent endowment designed to build SAIL’s financial security for the long term and support seniors and people with disabilities to live as active, fulfilled and involved citizens.

“Every dollar invested in the SAIL Legacy Fund for Independence will leave a lasting impact for generations,” says SAIL Executive Director Joan O’Keefe. “A permanent endowment for SAIL means we will be able to sustain and improve our ability to benefit seniors and people living with disabilities throughout Southeast Alaska.”

Donors who wish to leave an enduring impact can give to the SAIL Legacy Fund through many means, including gifts of cash, securities or retirement income. Gifts to SAIL that are made through wills or other estate planning tools will also be permanently invested in the SAIL Legacy Fund, allowing donors to leave a lasting legacy to Inspire Personal Independence throughout Southeast Alaska.

For more information, or to receive a copy of SAIL’s new publication Smart Ways to Give, contact Sara Chapell, SAIL’s Donor Relations Director at 907-766-3297 or schapell@sailinc.org.

“Including SAIL in my estate planning made sense to me because I value the work SAIL does to increase the independence of southeast Alaskans who experience disabilities.”
“Working in Juneau as a direct service provider (DSP) for three years I’ve come to realize the lack of accessibility throughout the town everywhere I go.

Myself and many others have struggled with getting individuals who use wheelchairs into restaurants, stores and a variety of recreation spots around town. Nothing is more frustrating than taking your friend out to do something fun and finding out it’s not accessible for them.

The new Project Playground is hands down the best place in town for youth with and without disabilities to have the time of their lives and play safely together. Youth of all abilities are able to go on swings, go down slides, spin around like crazy until they get dizzy or play with the many instruments. Seeing the expressions on their faces and hearing their screams of joy from across the park are some of the best things I’ve witnessed. Nothing makes me happier than seeing kids with and without disabilities playing side by side. I hope this can inspire other businesses around town to take accessibility into consideration.

Thank you to everyone who participated in the design of the new Playground and to SAIL for the insight on adaptive equipment. You were able to give these individuals a life changing experience that they will never forget.”

— Charity Anderson, DSP with Tides, LLC

The new Project Playground is hands down the best place in town for youth with and without disabilities to have the time of their lives and play safely together.
A Summer with SAIL: Building Friendships and Resilience

Kayla was clearly worried. About to embark on a multi-day kayak expedition with the teen leadership program REBOUND, she was determined to pull out of the trip. With encouragement, however, Kayla made the choice to face her fears, and embark on a journey that would prove to be transformative.

The trip, a collaboration between AWARE and SAIL’s ORCA program, launched from Gustavus and included plenty of time for connection and sharing between the eight teens. As trip leader Kat Sprengard observed, “They encouraged each other in ways that we, as adults, would never be able to. The power of peer support really shone through.”

Having trouble at first, Kayla’s peers kept encouraging her and, after not too long, Kayla eventually opened up. In a lot of ways, it was through the shared strength of the group that the trip went so well.

One of the friends Kayla made on the kayak trip joined her for SAIL’s teen summer work program, Youth Employment in the Parks (YEP), a partnership with Juneau’s Zach Gordon Youth Center and the State of Alaska’s Division of Vocational Rehabilitation. Kayla and Jasmine were part of a ten person crew that worked for nine weeks to repair and rebuild Juneau trails. More than just trail work, YEP builds lifelong job skills and introduces tools each student will use to be successful in life. SAIL is proud to be a part of creating spaces for students to connect, learn and lead with their peers. Reflecting on her summer work experience Kayla shared, “I’m glad I did YEP because I made new friends, we worked together as a team, I had courage, and it made me strong.”

“I’m glad I did YEP because I made new friends, we worked together as a team, I had courage, and it made me strong.”
Veteran’s find their VOICE with new SAIL Program

Mike Case loves Haines. The people, the scenery and the small-town atmosphere make Haines home. But Mike was contemplating moving into assisted living because of his failing eyesight. Diagnosed with end-stage glaucoma, Mike was finding it more and more difficult to perform essential functions on his own like preparing meals, cleaning his apartment and doing laundry.

A veteran of the U.S. Navy and the Air Force Reserves, Mike turned to SAIL for assistance in assessing his options so he could retain his independence and stay at home with his feisty dog, Fox. Mike met with SAIL staffer Sierra Jimenez, who went through a simple check-list and application process to see if he might qualify for the VA’s VOICE program: Veteran’s Options for Independence, Choice and Empowerment. “I get an allocation to hire helpers. I’m the employer and determine what I need,” says Mike.

SAIL is one of only two organizations in Alaska partnered with the VA to manage this pilot program, which was initiated in 2017. Qualified veterans can access funding for home and companion services, home modifications, medical equipment, transportation, counseling services and more. “In Southeast Alaska there are so many veterans who need personal care to stay independent,” says Sierra. “They may already have friends and family members helping. With VOICE, participants can hire whomever they choose. It allows veterans to stay in their homes and community of choice. We’ve been impressed by how easy it is to enroll in the program and how quickly services can start.”

Mike has hired two assistants who work with him 6-days a week to accompany him to the grocery store, help with the laundry and cleaning, and prepare meals that are clearly labeled with instructions. “I’m 85 and healthy as heck,” says Mike. “I didn’t need (assisted living) except for the eyesight, and now I don’t need it at all. It’s been a godsend, really, this program.”
SAIL's Loan Closet: A perfect fit for Bryson

“I want to be a firefighter some day!” In a lot of ways, Bryson is a typical 9-year old boy. He loves riding bikes, playing video games and practicing headstands with his friends. But he has to be a lot more careful than most children. Bryson is living with Osteogenesis Imperfecta, a genetic disorder that causes his bones to break very easily. While there is no known cure, staying active can help promote muscle and bone strength and prevent fractures.

Staff first met Bryson in the SAIL Ketchikan office when his mom, April, came looking for help. She said Bryson’s walker was clunky, heavy and difficult for him to use on his own. Instead of helping Bryson move and play independently, it was slowing him down. He couldn’t keep up with the other kids at school and he was becoming sad and discouraged.

The Ketchikan Loan Closet had exactly what Bryson needed—a children’s rollator walker that with a little cleanup and TLC from the SAIL staff was ready for its new friend. As soon as Bryson took his first spin around the hallways, staff and mom knew it was a perfect fit. With a sparkle in his eye, Bryson was zipping around so quickly that April could hardly keep up!

Bryson loves the independence his walker provides and staff love seeing Bryson continue to be the active, curious little boy he is!

SAIL’s Loan Closet served 782 people and loaned out 1,093 items of durable medical equipment and assistive technology last year.
Sitka Senior Builds Confidence and Joy with Art and ORCA

When Yvonne and her husband moved to Sitka, she was especially excited to take advantage of the outdoor activities she’s always loved. But, she says, “I quickly discovered my 62 year-old body couldn’t handle it. I hiked the hilly trails like a snail and had to roll out onto the dock or into the water to exit a kayak.” Happily, Yvonne found SAIL, and started participating in ORCA outings geared towards seniors. She soon learned the joy of getting outdoors while still feeling safe and comfortable. “I’ve done things with SAIL I would never have tried on my own.”

For Yvonne, the hardest part was rebuilding the mobility to hike the trails she loved. But SAIL, she says, “has helped me regain the physical abilities and given me the confidence and support I needed to experience my favorite, and new, challenging outdoor activities.”

SAIL is proud to be a part of Yvonne’s journey towards greater independence—one we wouldn’t be on without the generosity of our donors across Southeast Alaska and beyond. “SAIL provides a service to the community that is not provided by anyone else,” says Yvonne. “SAIL is how I spell fulfillment.”
2018 SAIL Board of Directors

Kate Burkhart
President, Juneau
Alaskan since 2001, serving those experiencing disabilities, poverty and insecurity. Public interest lawyer by day, volunteer public radio DJ by night.

Elizabeth Spence
Vice President, Juneau
Nonprofit Leadership and Grant Management Skills Advocate for Individuals with Disabilities and Disability Rights “Inspiring Personal Independence” is a motto I live by!

Mary Gregg
Treasurer, Ketchikan
Parent of an awesome young woman who experiences a disability. Opportunity House, Board President

Robert Purvis
Sitka
Previous SAIL Board President Alaskan Brewing Company Advisory Board Governor Appointee to the State Vocational Rehabilitation Committee

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Juneau
Juneau NAMI, past Board President CBJ ADA Committee Member SAIL Consumer Advocate of the Year (12) Juneau Low Vision Support Group Co-Host

Norton Gregory
Juneau
AWARE Board Member Juneau Sr. Assisted Living Task Force Douglas Island Neighborhood Association Juneau Affordable Housing Commission Board

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Treasurer, Haines
Occupational Therapist Adaptive Recreation Volunteer Former Fire Department Volunteer Subsistence Harvester, Husband and Father

Suzanne Williams
Saxman
Opportunity House Board Member Community Connections, Former Board Member Ketchikan Youth Football, Former Board Member

Jeff Irwin
Gustavus
AWARE, Former Board Member Gustavus Volunteer Fire Department Former SAIL Staff and Person with a Disability

Jason Burke
Juneau
Former State ADA Coordinator Rainforest Recovery Center, Advisory Board Local Emergency Planning Committee

Mary Gregg
Juneau
Alaskan since 2001, serving those experiencing disabilities, poverty and insecurity. Public interest lawyer by day, volunteer public radio DJ by night.

Jeff Irwin
Gustavus
AWARE, Former Board Member Gustavus Volunteer Fire Department Former SAIL Staff and Person with a Disability
More than 1,400 Seniors and People Experiencing Disabilities Served in FY18

SAIL throughout Southeast Alaska

Communities served under IL STAND Demonstration Project

Other communities served by SAIL
SAIL Service Demographics

**AGE**
- Over 60: 43%
- 25-59: 37%
- 19 & Younger: 16%
- 20-24: 4%

**ETHNICITY**
- Caucasian: 52%
- Alaska Native: 32%
- Two or More/Other: 9%
- Asian: 3%
- Hispanic or Latino: 2%
- African American: 1%
- Hawaiian/Pacific Islander: 1%

**DISABILITY**
- Physical: 29%
- Vision: 12%
- Mental Health: 18%
- Multiple/Other: 15%
- Hearing: 3%

- Developmental/Intellectual: 23%
More than 350 households and financial supporters in FY18*

25 different federal, state, municipal and foundation grants received in FY18

*See page 14-15 for a full listing of individual donors, foundations and public support.
Southeast Alaska Independent Living, Inc.

Statement of Financial Position
June 30, 2018 and 2017

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<tr>
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<th>2018</th>
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<td><strong>NET ASSETS</strong></td>
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<tbody>
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<td>Total Liabilities and Net Assets</td>
<td>$1,439,705</td>
<td>$1,347,683</td>
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See SAIL’s audited financial statements, year ending June 30, 2018, for a complete presentation of SAIL’s financial position.
SAIL’s Traumatic Brain Injury Support Group gave me hope.
I’ve met people who have a commonality. I share what I know and learned. I learn from them. I know I am not alone. Thank goodness we are all here to help and support each other!
Thank you to our supporters

Thank you to everyone who generously supported SAIL during FY18.

Several gifts were made to SAIL in memory or honor of loved ones. These gifts are a wonderful way to keep the memory of your loved one alive, or honor someone you admire. Thank you and your loved ones for Inspiring Personal Independence.

In honor of:
- Fu Bao Goldsberry
- Jeff Douglas
- Jennifer Marschke
- Pat Arasmith
- Sierra Jimenez
- Sofia Lindoff
- Taylor Gregg
- Versailles (Sai) Jones
- Matthew J. Brown

In memory of:
- Bill DeArmond
- Elizabeth Tonsmeire
- Ellen Borders
- Frederica Staib
- Gordon Tandy
- Joe Michael Cox
- Karen Willey
- Thomas J. Aberle
- Av Gross

The list of donors on the following pages includes gifts received between July 1, 2017 to June 30, 2018. It does not include the many in-kind contributions that greatly aid in our mission, nor does it include the dozens who have donated to SAIL anonymously. Again, to everyone who has supported SAIL, THANK YOU!
Empowerment Circle
$2,000+
Alaska Mental Health Trust Authority
City of Ketchikan
City and Borough of Juneau
City and Borough of Sitka
Douglas Doman Memorial Fund
First Bank
Haines Borough
HECLA/Greens Creek Charitable Foundation
Juneau Community Foundation
Ketchikan Gateway Borough
Geoff and Marcy Larson
Rose Manning
Peter and Julie Neyhart
Sitka Permanent Fund Charitable Trust
The Skaggs Foundation
White Elephant

Accessibility Circle
$500-$999
Allen Marine Tours
Nancy Davis and Joseph Newman
Hugh and Shari Grant
Mary and Doug Gregg
Michael LaGuire
Madison Lumber & Hardware
Steve Melilke
North Pacific Erectors, Inc.
Maura Odel
Sitka Vision Clinic
Anselm and Carol Staack
Jim and Janice Studley
Bob and Chris Urata

Innovation Circle
$100-$499
Donald Adam
Bill and Martha Ahleman
Alaska Glacier Seafoods, Inc.
Theodore Allio
Leslie Antolick and Lori Hoover
Jessica Arasmith
Melissa Aronson
Mary and Linn Asper
Aurora Sweets
Malin Babcock
David and Edith Barnes
Rai and Sue Behnert
Marla Berg
David and Pamela Bergeson
Dianne Bigge and Sudie Hargis
Amanda Blackgoat and Kwame Diehl
Thomas and Clare Borah
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Harriet Botelho
Patti and Stephen Bower
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Grace Brooks
Ava Brown
Geraldine Brown
Cora and Bruce Brunette
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Marianna Carpeneti
Laura Castetter
Michael and Marna Cessnun
Sara and Richard Chapell
Beth Chapman
Gershon and Kerry Cohen
Miki Cole
Jeanette Cook
Zachary Coss
JoAnn and Steven Cunningham
Nancy Yaw Davis
Dawson Construction, LLC
Paul and Sioux Douglas
John and Alison Dunlap
Travis Eckhoff
Jessica Edwards and Andy Hedden
Morgan Enright
Kristie Erickson
Emmie’s Old Time Saloon
Margaret A Fedoroff
Filipino Community, Inc.
Stan Filler
Vicki Van Fleet
James Foster
Fred Meyer Community Rewards
Janette and Thomas Gagnon
Jessica Gilbert
Maria Gladziszewski and Eric Kueffner
Cheryl and Andrew Grabham
Norton Gregory
Gustavus Inn
Julie Hamilton
Lea Harris and Chuck Mitman
John Hartle and Clare Pavia
William Hayes
Tom and Liz Heywood
Greg and Shannon Higgins
Hollis Handler
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Lindsey Kerr
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Michael and Susan Litman
Logan General Tax Practice
Joann Loft and Tracy VerVelde
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M&M Tours Limited
Susan Macaulay
Anthony and Amanda Mallott
Dave and Lynn Marvel
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Scott and Denice McPherson
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Mark Millea
Donna Miller
Jeannie Monk and Tim Blust
Mary Moran
Bill and Anita Moran
Roman Motyka
Mountain Market
Network for Good
Megan Nigo
Mary Norcross
Walt Norum
Joan and Larry O’Keefe
Frederick O. Olsen, Jr.
Beth and Grey Pendleton
Susan Pollard
Annabel Poulson
Joe and Aleya Puliafico
Robert Purvis
Maureen Riley and Peter Hettinger
Willow Ritter
Millie Ryan
Ryan and Vanessa Salmon
James Sarvela
Bruce and Laury Scandling
Rachel Scandling
Lisa Scarbrough
Thomas and Mary Schulz
Sealaska Timber Corporation
Lawrence and Dolores Sheehy
Sheppard Family Dentistry
Sitka Blues Band
Sitka Moose Lodge #1350
Pam and Randy Sloper
Jeffrey Smith
Jeanine and Gregory Smith
Southeast Alaska Animal Medical Center
Gina Spartz
Elizabeth and Drew Spence
Patricia Spence
Deborah Spencer
Ray and Connie Staska
Saralyn Tabachnick
David Tallmon
Sherry and Robert Tamone
Charline Tate
Michael and Erlinda Taylor
Tongass Trading Co.
Donnie and Stacie Turner
Michelle Umbs
Gale and Karl Vandor
Edgar & Virginia Johns, Jr
Janice and Tim Walker
Michelle Ward
Jennifer Weinlaeder
Robert Weinstein
Nancy Wilkins
Gordon Williams
Kathy Williams
Becky Wilson and Larry Derby
Sinclair Witt
Sherri von Wolfe and Travis Miller
Patricia Yearly
Darcie Ziel

Collaboration Circle up to $99
Ina Ashenbrenner
Brandee Gerke
James and Suzanne Lowell
JoAnn Quig
Elizabeth and Drew Spence
Brad Beach
Gary Gillette
Leone and Gus Marx
Eve Rauscher
Patricia Spence
Keith Goering
Sheri Maust
AnnaLee McConnell
Betty Reyes
Louis Bennett
Tracy Gottschlich
Molly McCormick
Robert Roles
Hannah Berry
Judy Hamann
Bobbie McCreary
Scanlon Gallery
Charan Louise Bird
Kathleen Hansen
Marcia McKenzie
Julie Schmitts
Shirley and Louis Bandirola
Lizzy Hastings
Timothy and Gerianne McLeod
Melissa Senac
Gretchen Bishop
Shirley Hauser
Tongass Trading Co.
Alan and Jeannette Heinrich
Richard Olson
Sara Boessler and Juanita
Reese
Robert Weinstein
Deborah Boettcher
Mary Jefferson
Nancy Wilkins
Carol Brady
Sierra and Carlos Jimenez
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Peggy Chaplin
Amy Johnson
Kathy Williams
Coastal Real Estate Group
Harry Kachline
Kathy Williams
Carlene Conway
Camille Kegler
Charlene Cook
James Kempshall
Kathy Williams
Dennis Early
Krista Kielsmeier
Nancy Wilkins
Ed Vander Construction
Tristan Knutson-Lombardo
Terri Nierotheimer
Mark and Diana Edwards
and Jessica Brown
Terri Nierotheimer
Drew and Sandy Degen
Bob Koenitzer
Rebecca Dierking
Jeffrey Hole
Susan and Gerald Kuebbs
Kevin Hole
Stacy Diouf
Laura Kurt
Eliza Dom
Sean and Hope O'Neil
Amy Dressel
Ward Lamb
Carrleigh Hines
Dennis Early
Timothy Lampe
Optimum Health & Wellness
Ed Vander Construction
Ali Lampe
Mark and Diana Edwards
Physical Therapy, Inc
Velja Elstad
Brian Laurent
Paul Norwood
Charles Emansoff
Patrick and Edna Leamer
Nugget Alaskan Outfitter
Doris Emansoff
Jennifer Leaming
Natalie Oberman
Anita Evans
Bill and Aurele Legere
Daniel O'Leary
Craig Farrington
Carl Lehman
Kelly O'Neill
Michael Fitzgerald
Jennifer Lefing
Elaine O'Neill
Dick and Judy Forrest
Bill and Aurele Legere
Sean and Hope O'Neil
Kathryn Foster
Carl Lehman
Optimum Health & Wellness
Craig Farrington
David Lehman
Physical Therapy, Inc
Michaël Fitzgerald
Barbara Pavitt
Dorothy Eshman
Dick and Judy Forrest
Tanna Peters
Kathleen Hanssen
Dave and JoAnn Lesh
John Peterson
Joyce Levine
Jacqueline Phillips
Joyce Lingham
Margaret and Bob Plucker
Susan Listberger
Kelsey Potdevin
Kamar Frick
Pam and Dave Long
Catherine Poulsen
Cheryl Putnam
Jill Gates
Sheri and Craig Loomis

15
Focus on an ORCA star

Ken Marvin, always ready with a smile on his face, finds joy in recreation.

Ken has been participating in the ORCA (Outdoor Recreation and Community Access) program for over 20 years. As a longtime ORCAan, Ken is a wealth of history and fun ORCA memories. One of Ken’s favorite experiences was his participation on ORCA’s Kluane to Chilkat bike relay team, which ORCA organized for the 2003 race. Ken remembers his leg of the race was challenging, with hills and long stretches of biking. But being with the ORCA Crew, and getting recognized with a celebration at the finish, were a blast.

Ken first joined ORCA in 1997 when he was living in Sitka. He moved to Juneau several years ago and is now an avid participant of SAIL’s outdoor programs. Ken is out every week, enjoying activities such as biking, kayaking, hiking, campfires and berry picking. Ken describes the importance of ORCA activities in his life, saying that “ORCA has made this the best summer I have had in at least ten years.”

This past winter, Ken skied almost every weekend with ORCA’s adaptive ski program and has the goal of skiing off the Ptarmigan chair this coming winter, the highest lift at Eaglecrest.

Ken’s story illustrates the healing and restorative qualities of outdoor recreation—or as Ken puts it, “ORCA keeps me focused on life instead of thinking about my problems.”

One of Ken’s favorite experiences was his participation with the ORCA Kluane to Chilkat bike relay team, which ORCA organized in 2003.
One of just three projects awarded nationwide, SAIL was selected in October of 2016 for a federal demonstration project to increase service delivery to Native Americans experiencing a disability. As a result, SAIL has been able to hire, or in some cases contract with local tribes, to provide independent living services in six villages: Yakutat, Angoon, Hoonah, Kake, Klawock and Hydaburg. Over SAIL’s 25 years, the dream of having local, invested community members hired to provide services in rural southeast communities is finally being realized. There are plenty of lessons being learned, along with many successes to celebrate, including Adeline DeCastro and her new Pocket Talker sound amplifier.

My whole life has been changed. I can hear people talking around me. I don’t have to just nod my head anymore because I don’t know what is being said. I can enjoy a movie, I can hear my husband talking instead of reading lips. Thank you for helping me feel the power in peoples words again.

Adeline DeCastro
Klawock, AK
Dear S.A.I.L.:

I turned 11 this year on Sept. 10th. I told my friends that if they wanted to give me a gift, they could donate to you. Enclosed is $10 from my friend Bear.

P.S. you do great work. - Maddox