

CELEBRATING

25 YEARS



Inspiring Personal Independence



2018 Annual Report

July 1, 2017 to June 30, 2018

Southeast Alaska Independent Living

Message from the Board President



Kate Burkhart

Welcome Friends!

SAIL is celebrating 25 years of promoting independent living in Southeast Alaska—and we are so grateful that you have been with us on

this voyage. Together we have made our communities more inclusive, welcoming and accessible for all our neighbors. Here are just a few highlights from this past year:

With the completion of the restored Project Playground in Juneau, we remember how SAIL was instrumental as the non-profit umbrella for the first build in 2007, ensuring inclusion and accessibility for Juneau's youth with disabilities. We are proud to have continued to advocate for increased playground accessibility with the Project

Playground rebuild ten years later. The result is new poured-in-place surfacing that allows for a smooth, roll-able surface across 100% of the playground. Building on the success in Juneau, SAIL was asked to be the non-profit umbrella organization for Sitka's Community Playground. In 2018 the playground opened with many inclusive and accessible features, including similar 100% accessible surfacing.

After several years of careful design and nurturing, IL STAND, a culturally responsive independent living program, is active in six rural Southeast Alaska communities. SAIL is partnering with local tribes and locally-hired staff to provide services in Kake, Klawock, Hydaburg, Yakutat, Angoon and Hoonah. We have also invested in cross-cultural communication training for SAIL staff so that we can better serve our Alaska Native consumers experiencing disabilities.

Thanks to a partnership with state and federal funders, as well as local business, we have made wheelchair accessible taxis available on-demand, 24/7 in Juneau since

2004. A similar service is now available in Ketchikan. These services make our communities more welcoming for visitors and help our neighbors get to work, medical appointments and community events.

Finally, our beloved adaptive recreation program, ORCA. Since 1996, ORCA has been an essential program of SAIL. Today, ORCA continues to provide challenging recreation opportunities for individuals of all ages and abilities from skiing at Eaglecrest to senior hikes in Sitka to Youth Employment in the Parks in Haines and Juneau to kayaking throughout Southeast.

We are proud to have accomplished so much in partnership with our staff, our consumers, our communities and YOU –and we look forward to SAIL-ing together for another 25 years.

A handwritten signature in black ink, appearing to read 'Kate Burkhart'.

Kate Burkhart
Board President

A Permanent Fund for Independence

SAIL Launches Lasting Endowment

In June, SAIL took a great stride toward Inspiring Personal Independence by creating the SAIL Legacy Fund for Independence.

The Legacy Fund, which is locally invested with the Juneau Community Foundation, is a permanent endowment designed to build SAIL's financial security for the long term and support seniors and people with disabilities to live as active, fulfilled and involved citizens.

"Every dollar invested in the SAIL Legacy Fund for Independence will leave a lasting impact for generations," says SAIL Executive Director Joan O'Keefe. "A permanent endowment for SAIL means we will be able to sustain and improve our ability to benefit seniors and people living with disabilities throughout Southeast

Alaska."

Donors who wish to leave an enduring impact can give to the SAIL Legacy Fund through many means, including gifts of cash, securities or retirement income. Gifts to SAIL that are made through wills or other estate planning tools will also be permanently invested in the SAIL Legacy Fund, allowing donors to leave a lasting legacy to *Inspire Personal Independence* throughout Southeast Alaska.

For more information, or to receive a copy of SAIL's new publication *Smart Ways to Give*, contact Sara Chapell, SAIL's Donor Relations Director at 907-766-3297 or schapell@sailinc.org.

"Including SAIL in my estate planning made sense to me because I value the work SAIL does to increase the independence of southeast Alaskans who experience disabilities."



Accessibility *Values in Action*

“Working in Juneau as a direct service provider (DSP) for three years I’ve come to realize the lack of accessibility throughout the town everywhere I go.

Myself and many others have struggled with getting individuals who use wheelchairs into restaurants, stores and a variety of recreation spots around town. Nothing is more frustrating than taking your friend out to do something fun and finding out it’s not accessible for them.

The new Project Playground is hands down the best place in town for youth with and without disabilities to have the time of their lives and play safely together. Youth of all abilities are able to go on swings, go down slides, spin around like crazy until they get dizzy or play with the many instruments. Seeing the expressions on their faces and hearing their screams of joy from across the park are some of the best things I’ve witnessed. Nothing

makes me happier than seeing kids with and without disabilities playing side by side. I hope this can inspire other businesses around town to take accessibility into consideration.

Thank you to everyone who participated in the design of the new Playground and to SAIL for the insight on adaptive equipment. You were able to give these individuals a life changing experience that they will never forget.”

– Charity Anderson,
DSP with Tides, LLC



“The new Project Playground is hands down the best place in town for youth with and without disabilities to have the time of their lives and play safely together.”

Collaboration

Values in Action

A Summer with SAIL: Building Friendships and Resilience

Kayla was clearly worried. About to embark on a multi-day kayak expedition with the teen leadership program REBOUND, she was determined to pull out of the trip. With encouragement, however, Kayla made the choice to face her fears, and embark on a journey that would prove to be transformative.

The trip, a collaboration between AWARE and SAIL's ORCA program, launched from Gustavus and included plenty of time for connection and sharing between the eight teens. As trip leader Kat Sprengard observed, "They encouraged each other in ways that we, as adults, would never be able to. The power of peer support really shone through."

Having trouble at first, Kayla's peers kept encouraging her and, after not too long, Kayla eventually opened up. In a lot of ways, it was through the shared strength of the group that the trip went so well.

One of the friends Kayla made on the kayak trip joined her for SAIL's teen summer work

program, Youth Employment in the Parks (YEP), a partnership with Juneau's Zach Gordon Youth Center and the State of Alaska's Division of Vocational Rehabilitation. Kayla and Jasmine were part of a ten person crew that worked for nine weeks to repair and rebuild Juneau trails. More than just trail work, YEP builds lifelong job skills and introduces tools

each student will use to be successful in life. SAIL is proud to be a part of creating spaces for students to connect, learn and lead with their peers. Reflecting on her summer work experience Kayla shared, "I'm glad I did YEP because I made new friends, we worked together as a team, I had courage, and it made me strong."



“I’m glad I did YEP because I made new friends, we worked together as a team, I had courage, and it made me strong.”

Integrity *Values in Action*

Veteran's find their VOICE with new SAIL Program

Mike Case loves Haines. The people, the scenery and the small-town atmosphere make Haines home. But Mike was contemplating moving into assisted living because of his failing eyesight. Diagnosed with end-stage glaucoma, Mike was finding it more and more difficult to perform essential functions on his own like preparing meals, cleaning his apartment and doing laundry.

A veteran of the U.S. Navy and the Air Force Reserves, Mike turned to SAIL for assistance in assessing his options so he could retain his independence and stay at home with his feisty dog, Fox. Mike met with SAIL staffer Sierra Jimenez, who went through a simple checklist and application process to see if he might qualify for the VA's VOICE program: Veteran's Options for Independence, Choice and Empowerment. "I get an allocation to hire helpers. I'm the employer and determine what I need," says Mike.

SAIL is one of only two organizations in

Alaska partnered with the VA to manage this pilot program, which was initiated in 2017. Qualified veterans can access funding for home and companion services, home modifications, medical equipment, transportation, counseling services and more. "In Southeast Alaska there are so many veterans who need personal care to stay independent," says Sierra. "They may already have friends and family members helping. With VOICE, participants can hire whomever they choose. It allows veterans to stay in their homes and community of choice. We've been impressed by how easy it is to enroll in the program and how quickly services can start."

Mike has hired two assistants who work with him 6-days a week to accompany him to the grocery store, help with the laundry and cleaning, and prepare meals that are clearly labeled with instructions. "I'm 85 and healthy as heck," says Mike. "I didn't need (assisted living) except for the eyesight, and now I don't need it at all. It's been a godsend, really, this program."



I didn't need (assisted living) except for the eyesight, and now I don't need it at all. It's been a godsend, really, this program.

Inclusion *Values in Action*

SAIL's Loan Closet: A perfect fit for Bryson

"I want to be a firefighter some day!" In a lot of ways, Bryson is a typical 9-year old boy. He loves riding bikes, playing video games and practicing headstands with his friends. But he has to be a lot more careful than most children. Bryson is living with Osteogenesis Imperfecta, a genetic disorder that causes his bones to break very easily. While there is no known cure, staying active can help promote muscle and bone strength and prevent fractures.

Staff first met Bryson in the SAIL Ketchikan office when his mom, April, came looking for help. She said Bryson's walker was clunky, heavy and difficult for him to use on his own. Instead of helping Bryson move and play independently, it was slowing him down. He couldn't keep up with the other kids at school and he was becoming sad and discouraged.

The Ketchikan Loan Closet had exactly what Bryson needed—a children's rollator walker that with a little cleanup and TLC from

the SAIL staff was ready for its new friend. As soon as Bryson took his first spin around the hallways, staff and mom knew it was a perfect fit. With a sparkle in his eye, Bryson was zipping around so quickly that April could hardly keep up!

Bryson loves the independence his walker provides and staff love seeing Bryson continue to be the active, curious little boy he is!

*SAIL's Loan Closet
served 782 people and
loaned out 1,093 items
of durable medical
equipment and assistive
technology last year.*



Empowerment

Values in Action



Sitka Senior Builds Confidence and Joy with Art and ORCA

When Yvonne and her husband moved to Sitka, she was especially excited to take advantage of the outdoor activities she's always loved. But, she says, "I quickly discovered my 62 year-old body couldn't handle it. I hiked the hilly trails like a snail and had to roll out onto the dock or into the water to exit a kayak." Happily, Yvonne found SAIL, and started participating in ORCA outings geared towards seniors. She soon learned the joy of getting outdoors while still feeling safe and comfortable. "I've done things with SAIL I would never have tried on my own."

For Yvonne, the hardest part was rebuilding the mobility to hike the trails she loved. But SAIL, she says, "has helped me regain the physical abilities and given me the confidence and support I needed to experience my favorite, and new, challenging outdoor activities."

SAIL is proud to be a part of Yvonne's journey towards greater independence—one we

wouldn't be on without the generosity of our donors across Southeast Alaska and beyond. "SAIL provides a service to the community that is not provided by anyone else," says Yvonne. "SAIL is how I spell fulfillment."

"SAIL has helped me regain the physical abilities and given me the confidence and support I needed to experience my favorite, and new, challenging outdoor activities."

2018 SAIL Board of Directors



Kate Burkhart
President, Juneau

Alaskan since 2001, serving those experiencing disabilities, poverty and insecurity. Public interest lawyer by day, volunteer public radio DJ by night.



Elizabeth Spence
Vice President, Juneau

*Nonprofit Leadership and Grant Management Skills
Advocate for Individuals with Disabilities and Disability Rights
"Inspiring Personal Independence" is a motto I live by!*



Mary Gregg
Treasurer, Ketchikan

*Parent of an awesome young woman who experiences a disability.
Opportunity House, Board President*



Ryan Salmon
Treasurer, Haines

*Occupational Therapist
Adaptive Recreation Volunteer
Former Fire Department Volunteer
Subsistence Harvester, Husband and Father*



Suzanne Williams
Saxman

*Opportunity House Board Member
Community Connections, Former Board Member
Ketchikan Youth Football, Former Board Member*



Robert Purvis
Sitka

*Previous SAIL Board President
Alaskan Brewing Company Advisory Board
Governor Appointee to the State Vocational Rehabilitation Committee*



Cheryl M. Putnam
Juneau

*Juneau NAMI, past Board President
CBJ ADA Committee Member
SAIL Consumer Advocate of the Year ('12)
Juneau Low Vision Support Group Co-Host*



Norton Gregory
Juneau

*AWARE Board Member
Juneau Sr. Assisted Living Task Force
Douglas Island Neighborhood Association
Juneau Affordable Housing Commission Board*



Jason Burke
Juneau

*Former State ADA Coordinator
Rainforest Recovery Center, Advisory Board
Local Emergency Planning Committee*

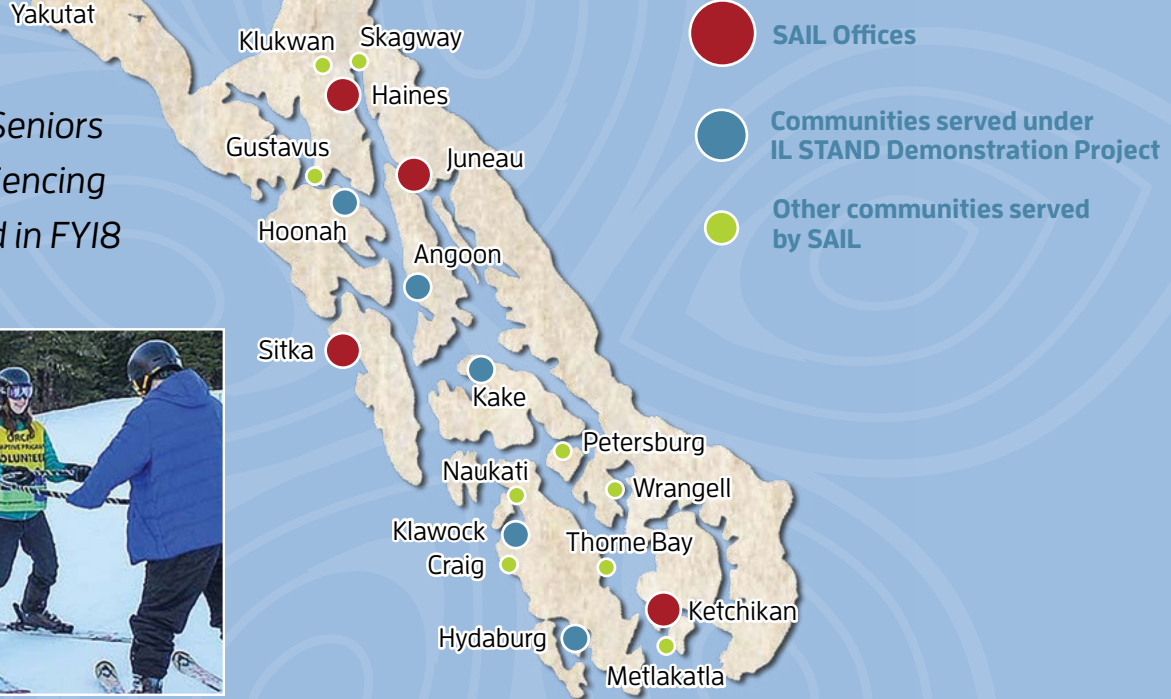


Jeff Irwin
Gustavus

*AWARE, Former Board Member
Gustavus Volunteer Fire Department
Former SAIL Staff and Person with a Disability*

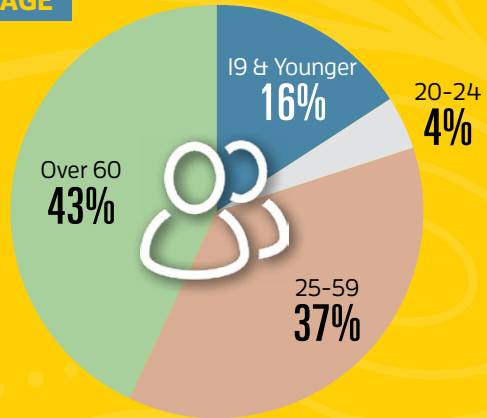
SAIL throughout Southeast Alaska

More than 1,400 Seniors and People Experiencing Disabilities Served in FY18

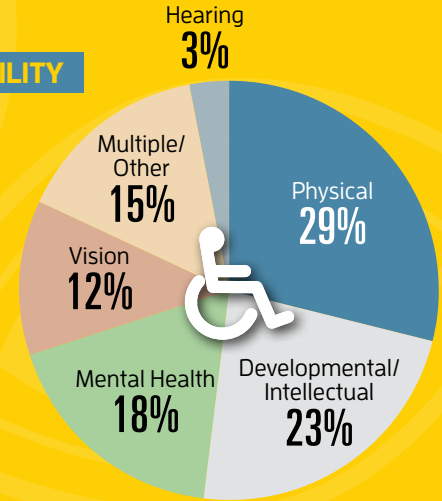


SAIL Service Demographics

AGE



DISABILITY



ETHNICITY



Funding

SAIL Funding Sources

15% Public, Charitable Giving & Municipal Support

Fees For Service Include:

- Recreation
- Employment Supports
- Veteran-Directed (VA)
- Benefits Analysis
- ADA Technical Assistance
- HomeMAP
- Pre-Employment Transition Services (Pre-ETS)

25% Federal Support

44% State Support

16% Fees for Service

More than 350 households and financial supporters in FY18*

25 different federal, state, municipal and foundation grants received in FY18

*See page 14-15 for a full listing of individual donors, foundations and public support.



Southeast Alaska Independent Living, Inc.
Statement of Financial Position
 June 30, 2018 and 2017

	2018	2017
ASSETS		
CURRENT ASSETS		
Cash and cash equivalents:		
Operating	\$ 310,606	\$ 542,171
Project Playground - Juneau and Sitka	99,488	117,820
Accounts receivable	180,409	96,958
Grants receivable	240,014	281,635
Prepays and deposits	45,905	29,869
Total Current Assets	876,422	1,068,453
EQUIPMENT AND LEASEHOLD IMPROVEMENTS, net	251,383	279,230
LONG-TERM INVESTMENTS	224,861	-
BENEFICIAL INTEREST	87,039	-
Total Assets	\$ 1,439,705	\$ 1,347,683
LIABILITIES AND NET ASSETS		
CURRENT LIABILITIES		
Accounts payable	\$ 137,858	\$ 104,720
Accrued payroll expenses	100,349	91,246
Payable to Project Playground - Juneau and Sitka	99,488	117,820
Deferred revenue	72,502	9,444
Total Current Liabilities	410,197	323,230
NET ASSETS		
Without Donor Restrictions		
Undesignated	681,086	738,502
Invested in equipment and leasehold improvements	251,383	279,230
Board-designated endowment	224,861	-
Total Net Assets Without Donor Restrictions	932,469	1,017,732
With Donor Restrictions	97,039	6,721
Total Net Assets	1,029,508	1,024,453
Total Liabilities and Net Assets	\$ 1,439,705	\$ 1,347,683

See SAIL's audited financial statements, year ending June 30, 2018, for a complete presentation of SAIL's financial position.



SAIL's Traumatic Brain Injury Support Group gave me hope. I've met people who have a commonality. I share what I know and learned. I learn from them. I know I am not alone. Thank goodness we are all here to help and support each other!

Thank you to our supporters

Thank you to everyone who generously supported SAIL during FY18.

Several gifts were made to SAIL in memory or honor of loved ones. These gifts are a wonderful way to keep the memory of your loved one alive, or honor someone you admire. Thank you and your loved ones for *Inspiring Personal Independence*.

In honor of:

Fu Bao Goldsberry
Jeff Douglas
Jennifer Marschke
Pat Arasmith
Sierra Jimenez
Sofia Lindoff
Taylor Gregg
Versailles (Sai) Jones
Matthew J. Brown

In memory of:

Bill DeArmond
Elizabeth Tonsmeire
Ellen Borders
Frederica Staib
Gordon Tandy
Joe Michael Cox
Karen Willey
Thomas J. Aberle
Av Gross

The list of donors on the following pages includes gifts received between July 1, 2017 to June 30, 2018. It does not include the many in-kind contributions that greatly aid in our mission, nor does it include the dozens who have donated to SAIL anonymously. Again, to everyone who has supported SAIL, THANK YOU!



Empowerment Circle \$2,000+

Alaska Mental Health Trust
Authority
City of Ketchikan
City and Borough of Juneau
City and Borough of Sitka
Douglas Dorman Memorial
Fund
First Bank
Haines Borough
HECLA/Greens Creek
Charitable Foundation
Juneau Community
Foundation
Ketchikan Gateway Borough
Geoff and Marcy Larson
Rose Manning
Peter and Julie Neyhart
Sitka Permanent Fund
Charitable Trust
The Skaggs Foundation
White Elephant

Advocate Circle \$1,000-\$1,999

Alaska USA Federal Credit
Union
Ralph Borders
Chilkat Valley Community
Foundation
Disabled Sports USA
Rosemarie Duran
Juneau Lions Club
James and Elizabeth
Knackstedt
Greg Pilcher and Hilary Young
Shattuck & Grummett
James Wilcox, Sr

Accessibility Circle \$500-\$999

Allen Marine Tours
Nancy Davis and Joseph
Newman
Hugh and Shari Grant
Mary and Doug Gregg
Michael LaGuire
Madison Lumber & Hardware
Steve Meilke
North Pacific Erectors, Inc.
Maura Odell
Sitka Vision Clinic
Anselm and Carol Staack
Jim and Janice Studley
Bob and Chris Urata

Innovation Circle \$100-\$499

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Bill and Martha Ahleman
Alaska Glacier Seafoods, Inc
Theodore Allio
Leslie Antolick and Lori Hoover
Jessica Arasmith
Melissa Aronson
Mary and Linn Asper
Aurora Sweets
Malin Babcock
David and Edith Barnes
Rai and Sue Behnert
Marla Berg
David and Pamela Bergeson
Dianne Bigge and Sudie Hargis
Amanda Blackgoat and
Kwame Diehl
Thomas and Clare Borah
Sarah Bosma
Harriet Botelho

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Ron and Cathy Bressette
Grace Brooks
Ava Brown
Geraldine Brown
Cora and Bruce Brunette
Jason and Heather Burke
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Marianna Carpeneti
Laura Castetter
Michael and Marna Cessnun
Sara and Richard Chapell
Beth Chapman
Gershon and Kerry Cohen
Miki Cole
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Hedden
Morgan Enright
Kristie Erickson
Ernie's Old Time Saloon
Margaret A Fedoroff
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Stan Filler
Vicki Van Fleet
James Foster
Fred Meyer Community
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Jessica Gilbert

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Kueffner
Cheryl and Andrew Grabham
Norton Gregory
Gustavus Inn
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Greg and Shannon Higgins
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Horan & Company LLC
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Bonnie and Hayden Kaden
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Douglas Sanvik
Dan & Betty Keck
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Ryan and Vanessa Salmon
James Sarvela
Bruce and Laury Scandling
Rachel Scandling
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Thomas and Mary Schulz
Sealaska Timber Corporation
Lawrence and Dolores Sheehy
Sheppard Family Dentistry
Sitka Blues Band
Sitka Moose Lodge #1350
Pam and Randy Sloper
Jeffrey Smith
Jeanine and Gregory Smith
Southeast Alaska Animal
Medical Center
Gina Spartz

Elizabeth and Drew Spence
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Deborah Spencer
Ray and Connie Staska
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Nancy Wilkins
Gordon Williams
Kathy Williams
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Sinclair Wilt
Sherri von Wolfe and Travis
Miller
Patricia Yearly
Darcie Ziel

Collaboration Circle up to \$99

Shannon Adamson
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Burkinshaw
Rusty Albert
Robert Allen and Robin
Sherman
Julie and Noble Anderson
Adrienne Antoni
Rebecca Antonoplos
Sophia Armstrong and Riley
Kosinski

Ina Ashenbrenner
Lanis Beach
Amanda Beasinger
Louis Bennett
Hannah Berry
Charan Louise Bird
Shirley and Louis Bandirola
Gretchen Bishop
Al Bixby & Pamela Woolcott
Sara Boesser and Juanita
Reese
Deborah Boettcher
Carol Brady
Stephen Brady
Peggy Chaplin
Coastal Real Estate Group
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Mildred Cook
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Charles Emanoff
Doris Emanoff
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Michael Fitzgerald
Dick and Judy Forrest
Kathryn Foster
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Natalie Oberman
Daniel O'Leary
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Dolores and Richard Smith
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Erin Smith
Justin Spurrier
Ryan Stanley and Laura Hosey
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William and Toni Sutton
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Marjorie Thomson
David and Kathy Thornock
Kirk Thorsteinson
Douglas Toelle
Britta Tonnesen
Loveann Truitt and Laura
Mulgrew
Regan Tweedy
Donna and Abel Vargas
Brittany Walkenford
Misty Warren
Sarah Watkins
Western Auto Marine
Matt Whitman and Leslie
Evdenden
Julie and John Willey
Suzanne Williams
Leslie Wood
Frances Young

Focus on an ORCA star

Ken Marvin, always ready with a smile on his face, finds joy in recreation.

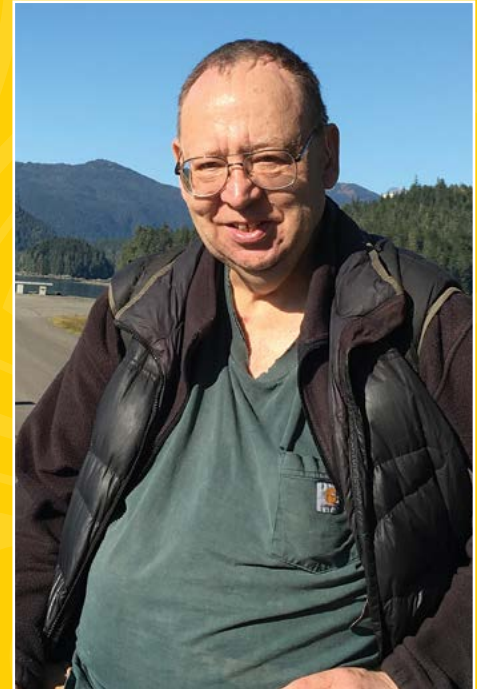
Ken has been participating in the ORCA (Outdoor Recreation and Community Access) program for over 20 years. As a longtime ORCA member, Ken is a wealth of history and fun ORCA memories. One of Ken's favorite experiences was his participation on ORCA's Kluane to Chilkat bike relay team, which ORCA organized for the 2003 race. Ken remembers his leg of the race was challenging, with hills and long stretches of biking. But being with the ORCA Crew, and getting recognized with a celebration at the finish, were a blast.

Ken first joined ORCA in 1997 when he was living in Sitka. He moved to Juneau several years ago and is now an avid participant of SAIL's outdoor programs. Ken is out every week, enjoying activities such as biking, kayaking, hiking, campfires and berry picking. Ken describes the importance of ORCA activities in

his life, saying that "ORCA has made this the best summer I have had in at least ten years." This past winter, Ken skied almost every weekend with ORCA's adaptive ski program and has the goal of skiing off the Ptarmigan chair this coming winter, the highest lift at Eaglecrest.

Ken's story illustrates the healing and restorative qualities of outdoor recreation—or as Ken puts it, "ORCA keeps me focused on life instead of thinking about my problems."

One of Ken's favorite experiences was his participation with the ORCA Kluane to Chilkat bike relay team, which ORCA organized in 2003.



IL STAND

Independent Living Services for Alaska Natives with Disabilities

One of just three projects awarded nationwide, SAIL

was selected in October of 2016 for a federal demonstration project to increase service delivery to Native Americans experiencing a disability. As a result, SAIL has been able to hire, or in some cases contract with local tribes, to provide independent living services in six villages: Yakutat, Angoon, Hoonah, Kake, Klawock and Hydaburg. Over SAIL's 25 years, the dream of having local, invested community members hired to provide services in rural southeast communities is finally being realized. There are plenty of lessons being learned, along with many

successes to celebrate, including Adeline DeCastro and her new Pocket Talker sound amplifier.

“My whole life has been changed. I can hear people talking around me. I don't have to just nod my head anymore because I don't know what is being said. I can enjoy a movie, I can hear my husband talking instead of reading lips. Thank you for helping me feel the power in peoples words again.”

Adeline DeCastro
Klawock, AK



CELEBRATING

25 YEARS



Inspiring Personal Independence

3225 Hospital Drive, Suite 300
Juneau, Alaska 99801



United Way of Southeast Alaska
Partner Agency

Dear S.A.I.L.,

I turned 11 this year on Sept. 10th. I
told my friends that if they wanted to
give me a gift, they could donate to you.
Enclosed is \$10 from my friend Bear.

P.S. you do great work. -Maddox

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