What can I buy with my budget?
Most Veterans spend the bulk of their budget on in-home workers. It can also be used for supplies and services that assist with your wellness and independence, if they are not covered by the VA or another funding source. All goods and services must be approved by the VA when you create your budget or as needs arise.

Can someone help me with these responsibilities? Yes, you can ask someone to serve as your designated representative. Many people choose a spouse or one of their children to serve in this role, but you can choose anyone you trust. Note: your representative cannot be paid to provide you in-home care through this program.

How will I receive support from SAIL?
SAIL staff is here to help make this program easy! We walk you through all the paperwork and submit it for you. We coordinate with the payroll company and the Alaska VA to get your questions answered. We are happy to meet with you as often as needed to ensure your satisfaction with the program.

Please contact your local SAIL office with additional questions!

Are You a Veteran?

Do you need help taking care of yourself at home? Would you like to continue to age at home?

If so, consider VOICE!

Veteran Options for Independence, Choice and Empowerment

VOICE is collaboration of the Alaska VA and Southeast Alaska Independent Living (SAIL)

FOR MORE INFORMATION
Additional information can be obtained from any Southeast Alaska Independent Living Center (SAIL) office:

Haines
(907) 766-3297
haines@sailinc.org

Juneau
(907) 586-4920 Juneau
info@sailinc.org

Sitka
(907) 747-6859
sitka@sailinc.org

Ketchikan
(907) 225-4735
ketchikan@sailinc.org

Prince of Wales
(907)755-2888
Jfriday@sailinc.org
Southeast Alaska Independent Living (SAIL), in partnership with the Alaska Veterans Administration (VA), is proud to offer the Veteran-Directed Home and Community Based Service Program. SAIL’s goal is for Veterans to access flexible home and community-based services that enable you to remain in your home and community, and we strive to make it easy for you!

**What is Veteran-Direction?**
Veteran-direction puts Veterans and their families in the driver seat, expanding your choices and control over the long-term services and supports you need to continue to live at home. You are granted a monthly budget allocation from the VA, which you can use to hire workers and purchase a range of goods and services to meet your needs. If you choose to hire workers, you or your representative are the employer. You hire, set wages, train and supervise your choice of individual workers (e.g., personal care assistants and other in-home employees). You can hire your spouse, one of your children or grandchildren, a friend or anyone else you prefer. You get to choose!

**YOU ARE IN CHARGE!**
You or your designated representative will choose the supports and services you need. You will:
- Create your own spending plan (which includes what services you want to buy);
- Choose where, when and how your services are provided;
- Choose who to hire and how much you will pay them;
- Save money in your budget for more expensive items like equipment or modifications to your vehicle or home.

**How do I know if I’m eligible?**
To be eligible you must be enrolled in VA healthcare, be able to self-direct your in-home care or assign someone you trust to do so, and meet medical eligibility as determined by the Alaska VA (e.g. need help dressing, getting around, etc.)

**Is this program income-based?**
To qualify for this program you must qualify for and enroll in VA healthcare. However, your budget is not based on your income but your level of need.

**Does this mean I get a check sent to me each month?**
No. Your monthly “budget” is an amount set by the VA which you may spend each month on your in-home care, goods and services.

**Will this program affect my other benefits?**
This program will not affect your other benefit amounts or your eligibility for benefits or insurance.

**How is my budget determined?**
You will be assessed by the Alaska VA Healthcare System. Based on your assessed need, you will be assigned a monthly budget amount. In our communities, the monthly amount ranges from approximately $1,107 to $4,791/month.

www.sailinc.org