

2013 SAIL Annual Report



Inspiring Personal Independence

SOUTHEAST ALASKA INDEPENDENT LIVING





Joan O'Keefe
Executive Director

Message from Executive Director, Joan O'Keefe

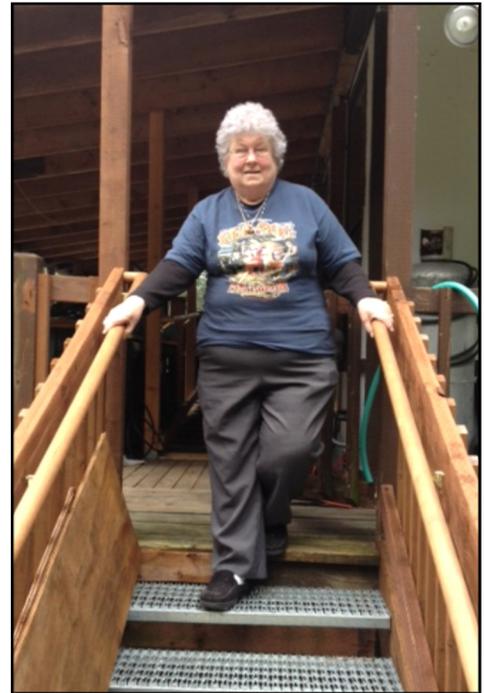
We are excited to share our **2013 Annual Report** with you and want to take this opportunity to **thank you** for your contribution to our success. Last year SAIL helped more than 1,200 elders and people with disabilities live more independently in Southeast Alaska. We could not have done it without you!

Please take a moment to share in our successes by reading through this annual report. As you will see, we feel so fortunate to have had an incredible year and the opportunity to work and collaborate with truly amazing, caring and generous community partners like you from all walks of life—consumers, families, volunteers, partner agencies, individual and business donors, schools, government, and private foundations.

A couple highlights from the year include the continued development of our Home Modifications for Aging in Place (Home MAP) and Accessible Tourism projects. SAIL was also tickled pink to be selected by the Alaskan Brewing Company as their 2013 charity. SAIL is receiving 100% of their tip jar as well as the proceeds from the High Gravity Games and No Umbrellas Fashion Show during the 2013 calendar year. Thank you to the Alaskan Brewing Company and all our supporters for helping us accomplish our mission: **Inspiring Personal Independence!**

“I Feel so Much Safer Coming and Going”

Pat is a 76 year old fiercely independent woman who works two jobs to make ends meet. Pat also experiences orthopedic impairments, making it extremely difficult for her to navigate the steep stairs that were leading into her home. Last winter Pat slipped and fell on the ice on her front porch while leaving for work. Determined to maintain her independence, her job, and her home, Pat was referred to SAIL for a HomeMap Accessibility Survey. After an in-depth home visit from SAIL staff, Pat was given a detailed HomeMAP report outlining solutions and options to address safety concerns for ‘aging in place’. SAIL and The Department of Vocational Rehabilitation (DVR) joined forces to make the recommendations a reality. DVR provided funding for the new front stairs and ramp so that Pat could continue to get to and from work safely and SAIL staff provided overall project management and additional funding to address the issues in the bathroom.



“The low-rise staircase and ramp has been such a blessing.

I feel so much safer coming and going,” Pat said. Her Husband Al (who had a recent hip replacement), was also grateful for the work SAIL did calling it a **“life saver”**.



Message from Board President, Bob Purvis

In the early part of 2001, I became legally blind due to macular degeneration. At that time I was aware of an organization called SAIL that was there to help those with disabilities live more independently. I was losing my ability to use my computer and sought help from my local SAIL office in Sitka. With the assistance provided I am now able to use my computer through assistive technology. In 2005, I joined the Board of Directors because I wanted to help others the way SAIL had helped me. From my position as a Board member, I am able to see the overall impact that SAIL has on so many people in Southeast Alaska. Needless to say, I am proud to be a member of SAIL. I only wish I could personally thank each of those businesses, organizations and individuals who have been and are currently supporting the goals of SAIL through their financial contribution and volunteer efforts. We could not have the life changing impact on so many without you. I would also like to encourage others to get involved with this great organization!



FY13 Board of Directors



Robert Purvis, President, Sitka

- Sitka Fisheries Advisory Commission
- Foundation Fighting Blindness
- State Vocational Rehabilitation Council, Governor Appointed 2013



Joseph Tompkins, Juneau

- United Human Services, Board Member
- U.S. Paralympic Ski Team
- Professional Motivational Speaker
- Founder of *Extreme Edge*



Jeff Irwin, Vice President, Gustavus

- AWARE Board Member
- Gustavus and Auke Bay Fire Department, Volunteer
- Former Employee, SAIL
- Gustavus City Council Member



Kate Burkhart, Juneau

- Nome Receiving Home, 2002
- Clarksville DV Shelter, Board Member
- Volunteer Fundraiser: AK Legal Services, United Way of SE, Glory Hole, Juneau Arts and Humanities Council, KTOO/KRNN/KXLL Public Radio



Suzanne Williams, Secretary, Ketchikan

- Opportunity House, Board Member
- Community Connections, Former Board Officer
- Ketchikan Youth Football, Past Treasurer



Samuel Wright, Hoonah

- Alaska Independent Board, Former Member
- Hoonah Indian Association
- Tlingit and Haida Central Council
- SAIL Consumer



Mary Gregg, Treasurer, Ketchikan

- Disability Law Center, Past Board Member
- Tongass Federal Credit Union, Former Chair
- Opportunity House, Board Member
- WISH (Women in Safe Homes), Past Board



Paul Douglas, Juneau

- Zach Gordon Teen Club, Board Member
- United Human Services, Board Chair
- Douglas-Dornan Foundation, Founder

Picture Not Available

Rose Marie Duran, Juneau

- Kootznoowoo Permanent Fund Settlement Trust
- Capital City Republican Women, Past Treasurer



Elena Rath, Ketchikan

- Alaska Brain Injury Network, Executive Committee
- 20+ Years Serving Children, Adults and Seniors with Disabilities



Elizabeth Spence, Juneau

- Boys and Girls Club of Juneau/SE
- United Way of SE AK. Leadership Council
- SE Conference Health and Social Services
- CCFR EMS Volunteer
- Kids Voting, former Board member

SAIL Board meetings are the 4th Wednesday of the month at 5:45 PM. The public is welcome to attend in Juneau or call in via phone. Contact the SAIL office closest to you for the teleconference number and call-in code.

SAIL At A Glance

Disabilities Served

Physical	62%
Developmental	20%
Mental Health	15%
Multiple	3%

Ethnicity

Caucasian	57%
AK Native/American Indian	36%
Asian	3%
African American	1%
Hawaiian/Pacific Islander	1%
Hispanic	2%

Communities Served

Angoon, Craig, Gustavus, Haines, Hoonah, Juneau, Kake, Ketchikan, Klawock, Klukwan, Metlakatla, Petersburg, Prince of Wales, Sitka, Skagway, Tenakee Springs, Wrangell, Yakutat

Age

Under 5	1%
Ages 5-19	11%
Age 20-24	4%
Age 25-59	39%
Age 60 & Older	45%

FY13 Income: \$1,454,849

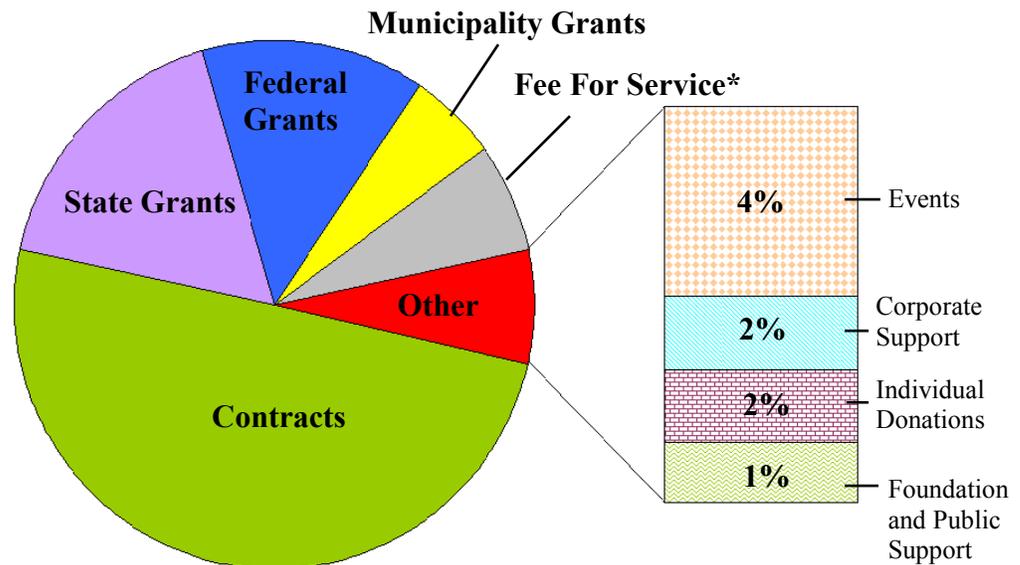
EVENTS

Auction and Dinner (Juneau) - \$26,900

Only Fools Run at Midnight (Juneau, Ketchikan, Sitka) - \$24,000

Allen Marine Whale Watching (Juneau, Ketchikan and Sitka) \$14,500

Other (Juneau, Ketchikan Sitka, Haines) - \$9,900



See pages 7-9 for a complete list of individual donors, corporate donors, and foundation and public support.

Fee for Service

Recreation ☯ ASL Interpreters for Deaf and Hard of Hearing ☯ Employment Support Benefits Analysis ☯ HomeMAP (home assessments and recommendations for aging in place) Accessible Tourism Trainings

SAIL in FY 2013

SAIL provided **INDEPENDENT LIVING SERVICES** to

1,241 elders and individuals with disabilities

in **18** different Southeast Alaska communities.

SAIL responded to **1,132** requests for **ADVOCACY** services,

457 INFORMATION AND REFERRAL requests,

343 requests for **ASSISTIVE TECHNOLOGY**,

and **85** requests for **PEER SUPPORT**.

SAIL assisted **284** people with **TRANSPORTATION NEEDS**

and **209** individuals with **VOCATIONAL SERVICES**.

546 individuals received **SKILLS TRAINING**.

226 RECREATION opportunities were offered

and **SIGN LANGUAGE INTERPRETERS** were provided

on **146** different occasions!

Inspiring Stories of



"I walked into your office a few months ago and my life was a disaster. I didn't know what SAIL could do for me, but I was desperate. That changed my life. My surgery wouldn't have happened without the help and support of SAIL. I'm already in less pain than I can remember being in for years. I'm back to being a one crutch guy and in no time, I'll be a no crutch guy and back to work. Thank you for all you have done for me."

~Chris Kelly, Haines, AK

Chris Kelly was in desperate need of a hip replacement. He was no longer able to work and was living in unthinkable pain. Chris does not have medical insurance and the surgery and hospital stay was quoted at over \$60,000. SAIL helped Chris apply for Social Security Disability and apply for financial aid at different medical establishments in Alaska and beyond. Chris' luck started to turn around. He was awarded Social Security Disability which would help support him financially while he was unable to work. Unfortunately, Medicare doesn't kick in for two years after qualifying. Surgery couldn't wait so SAIL wrote a grant to Friends of Man, an organization based out of Colorado, on Chris' behalf and was awarded \$3,500 towards medical expenses. The same day that he was notified about the grant, he received word from Bartlett Memorial Regional Hospital in Juneau that he had qualified for a 75% price reduction. A bank account was opened in Haines to accept donations. Over \$2,000 was raised by friends, family and neighbors (even a few tourists who wandered into the bank donated to Chris' medical account). The Uglies, (Haines' own biker club and local do-gooders) organized a wildly successful dinner and auction raising an additional \$5,000+ for medical expenses. Chris cashed in the last dollars in his personal savings account and headed off to Juneau for a successful hip replacement.

"They won't believe me!"

Every time Tina Lopez accomplishes something new she says, **"They won't believe me."** We believe you Tina, because we've seen it! During the past year, Ms. Lopez, a stroke survivor with a cognitive disability, has actively participated in SAIL's Ketchikan ORCA program and has increased her confidence and independence enormously. She recently completed a 2.3 mile uphill trail hike to a hot springs with little assistance. She has also tried kayaking for the first time and completed her kayak safety training with ORCA (including a wet exit and re-entry). She can now say that she has been camping, crabbing, kayaking, fishing, visited a hot springs, climbed a mountain, and traveled to Hawaii.

"I like ORCA because [it] makes me stronger. I like doing things with other people and SAIL comes and picks me up and asks if I want to go and do stuff with them. It feels nice and gives me something to do so I won't be bored and alone."



Personal Independence

"I am more of a man"



Scott is a typical teenager who doesn't always want to take advice from his parents. He's 16 and a sophomore at JDHS. Scott has Down syndrome and after moving to Juneau from Australia with his mom last year, his teacher referred the family to SAIL's Outdoor Recreation and Community Access program – ORCA. Scott started participating this spring and since then he has kayaked, hiked, camped, swam, photographed and rafted his way through the summer months in Juneau. In fact, Scott liked kayaking so much, he asked for one for his

birthday and now the whole family can paddle together! ***"Scott has made friends and gained social skills, he's going out on his own without us. He's much more independent and he's learning things in the group that he wouldn't listen to us about,"*** says Scott's mom about the ORCA program.

Scott laughs and smiles while recounting his stories of adventure from the summer. ***"I am more of a man!"*** he says.

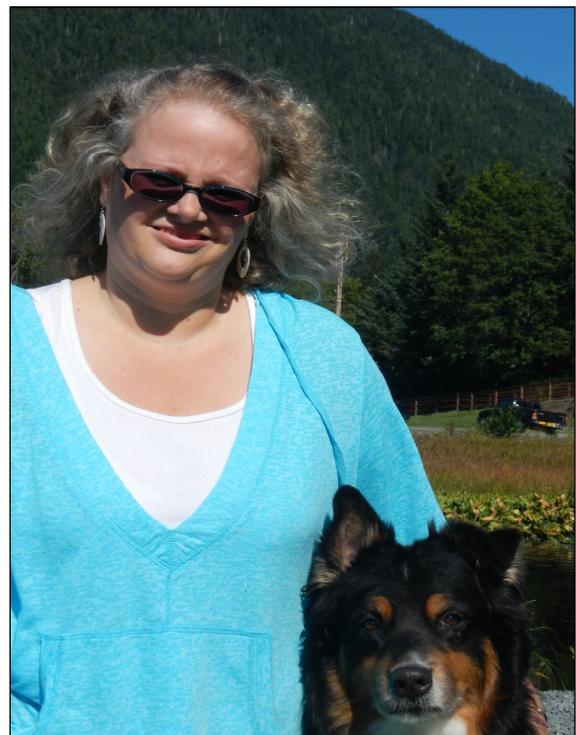
"I know I'm going to be okay"

"Seven years ago I experienced a back injury that left me unable to work, resulting in a crippling depression. Sometimes I wouldn't leave my house for months and months.

Last January I realized that I needed help and something needed to change. I came to SAIL looking for help and resources to get back to work and encouragement to even leave the house.

What I found was a welcoming place. The staff at SAIL have been wonderful. I've seen counselors before, but the SAIL staff are more like mentors - discussing ideas of things to do and encouraging me to refocus on positive thinking and ways to connect with friends.

This past summer I got out of my house, reconnecting with friends and the community. I started walking trails that I have not walked in years and redeveloping my love of gardening. When I go out now, I know I'm going to be OK. "



~ Kim Smith, Sitka

YOU, our donors and grantors,

Donors

Cynthia Allen and Russ Lyman
Travis Eckhoff and RoseMarie Duran
Julie and Noble Anderson
Diane Andresen
Art and Susan Arnold
Ina Ashenbrenner
Mary and Linn Asper
Jack and Kelli Auger
Lourdes Baraoidan
Hailey Barger
Mr. Robert Bassett
Janet Beauchamp
Rhonda Bedard
Donna and George Beestman
Diana Berry
Al Bixby and Pamela Woolcott
Max Blust
Cindy Boesser
Ralph Borders
Matt and Lilly Boron
Sarah Bosma
Cathy Bressette
George Brown
Kristiana Brown
Melanie Brown
Nancy Brown
Kristi Buerger
Charles Burke
Nancy Burke
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Susan Macaulay
Anthony and Amanda Mallott
Jessica Mathews
Sherri Maust and TJ Smith
Duane Mayes
Sheryl Mayo
Mary Lou Meiners

(Continued on page 8)

make it all possible...Thank you!

(Continued from page 7)

Marjorie Menzi
Devra Milam
Mark Millea
Angela Miller
Donna Miller
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Saralyn Tabachnick
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Melanie and James White
Elizabeth Williams
Mr. Jonathan Williams
Wesley Williams
Salix Woodgate
Dale and Judy Wygant
Patricia Yearty
Marcus and Theresa Zimmermam

Foundations and Community Support

Alaska Democratic Party
Chilkat Valley Comm. Foundation

Coast Guard Spouses' and Women's
Association of Sitka
Douglas Dornan Foundation
Filipino Community, Inc.
Haines Chamber of Commerce
HECLA Charitable Foundation
Hoonah Senior Center
IBEW Local 1547
John and Deena Hale Foundation
Juneau Community Foundation
Juneau Douglas Lions Club
Juneau Lions club
Juneau Firefighters IAFF #4303
Rasmuson Foundation
Sitka Charitable Trust
Sitka Moose Lodge #1350
Skaggs Foundation
Tlingit and Haida Indians of CBJ
United Way of Southeast
White Elephant of Sitka

Business and Corporate Support

Abby's Kitchen
Abby's Reflection
Above & Beyond Alaska
AC Lakeside
AEL&P
Air Excursions
Alaska Amphibious Tours
Alaska Bear Company
Alaska Eagle Arts
Alaska Fly Fishing
Alaska Fudge Company
Alaska Geographic Gift Store
Alaska Grafix
Alaska Pacific Bank - Sitka Branch
Alaska Raptor Center
Alaska Seaplane Service
Alaska Stone Art
Alaska Travel Adventures
Alaskan Brewing Company
Alaskan Heritage Gems & Arts
Allen Marine Tours – Juneau
Allen Marine Tours – Ketchikan
Allen Marine Tours - Sitka

(Continued on page 9)

(Continued from page 8)

Alltek
ALPS Federal Credit Union
Anderes Oil
B's Bakery & Bistro
Beading Fascinations
Bear's Lair
Ben Franklin
Bernie's
Botanika Spa & Boutique
Bottled Water Express
Brenner's Fine Clothing and Gifts
CHARR - Sitka
Chef Stef
Chilkat Guides, Ltd
Chiton
Chocolate Moose
Christmas in Alaska
Coastal Helicopters
Coastal Real Estate Group
Connie's Art
Cornerstone Home Health
Costco
Crazy Wolf Studio Gallery
Cruise Line Agency of Alaska
Daily Sitka Sentinel
Davis Realty
Diamonds International
Eaglecrest Ski Area
Ernie's Old Time Saloon
F/V Kyrabunga
Fairweather Prints
Faulkner Banfield, P.C.
First Bank
First City Electric
Fish Creek Company
Fisherman's Eye Gallery
Fjord Flying Service
Foggy Mountain Shop
Foreign Automotive
Forget-Me-Not Sweater Shoppe
Gas 'N Go Petro Express
Gastineau Guiding Co
GCI Cable Inc.
Glacier Bay Sea Kayaks
Goldbelt Hotel
Good Fortune Chinese Restaurant
Good River B&B
Halibut Hole
Hames Center

Hames Corporation - Seamart
Harris Aircraft Services, Inc.
Heritage Coffee Company
His and Hairz
Homestead Bed and Breakfast
Hometown Furnishings
Hoonah Senior Center
Horan & Company LLC
IBEW Local 1547
Inside Passage Alaska
Integrity Automotive
Island Air
Island Tile and Marble
Jade Ketchikan
JIST
JRC - the Alaska Club
Juneau Artist Co-Op
Juneau Business Interiors
Juneau Empire
Juneau Jazz and Classics
Juneau Lions Club
Juneau Radio Center
Juneau Roller Girls
Juneau Symphony
Juneau Taxi & Tours
Kakau Art and Jewelry Studio
KATH TV
Ketchikan Daily News
Alaska Bear Company
KFMJ
Kingfisher Charters
Kodiak Coat Company
KTKN
KTOO
Larkspur Cafe
Laura Lucas Design
Leather and Furs Factory
Logan General Tax Practice
Love Inc.
Ludvig's Bistro
Lutak Lumber
Madison Lumber & Hardware
Mary Kay Cosmetics
McDonald's M&S Associates
McPherson Music
MJ Cadle Photography
Mountain Market
Mt. Roberts Tramway
Murray Pacific
Nana's Attic

NorthStar Trekking
Nugget Alaskan Outfitter
Ocean BlueBird Bed & Breakfast
Oceanview Restaurant
Old Harbor Books
Pack Creek Outfitters
Panhandle Motorcycle Adventures
Paradise Cafe
Parnassus Books
Pavitt Health and Fitness
Perseverance Theatre
Petro Marine Services
Pie in the Sky
Plumbers & Pipefitters Local #262
Poker Creek Gold
Pop's Kettle Corn
Printing Trade Company
Public Safety Employees Assn
Refiner's Roast
Rie Munoz Ltd.
Robertson's Gallery & Framing
Russell's
Sadhana Works
Safeway
Scanlon Gallery
Scott Insurance Services
Service Auto Parts
Shattuck & Grummett
Sheinberg Associates
Sitka Community Hospital
Sitka Rose Gallery
Sitka Vision Clinic
Skeins Fine Yarns
Soho Coho
Sourdough Bar
SE Alaska Animal Medical Center
Southeast Sea Kayaks
Specs in the City
Spiral Studios
Starboard Frames & Gifts
Subway of Juneau
Subway of Ketchikan
Super Bear Supermarket
Sweet Mermaids Coffee Shop
Taku Harley-Davidson
Tall Tale Taxidermy
Tatsuda's IGA
Temasco Helicopters
Tenakee Hot Springs Lodge

(Continued on page 11)

SOUTHEAST ALASKA INDEPENDENT LIVING, INC.

Financial Position

June 30, 2013

ASSETS:

CURRENT ASSETS:

Cash and cash equivalents:	
Operating	\$434,247
Project Playground	35,192
Receivables:	
Accounts receivable	22,980
Grants receivable	226,792
Other Current Assets:	35,335

Total current assets	754,546
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EQUIPMENT AND LEASEHOLDIMPROVEMENTS, net	233,537
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Total assets	\$988,083
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LIABILITIES AND NET ASSETS:

CURRENT LIABILITIES:

Accounts payable	\$49,077
Accrued Compensation Payable	38,632
Payable to Project Playground	35,192
Payroll Liabilities	42,360
Deferred Revenue	45,518

Total current liabilities	\$210,779
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NET ASSETS:

Unrestricted net assets:	
Undesigned	536,267
Invested in equipment and leasehold improvements	233,537
Total unrestricted net assets	769,804
Temporarily restricted net assets	7,500
Total net assets	777,304
Total liabilities and net assets	\$988,083

See SAIL's audited financial statements for the year ending June 30, 2013 for a complete presentation of SAIL's financial condition and results of operations.



Inspiring Personal Independence

3225 Hospital Dr. Ste. 300
Juneau, AK 99801

CHANGE SERVICE REQUESTED

Non-Profit
U.S. Postage Paid
Juneau, AK
Permit 181

TO:

(Business Donors Continued from page 10)

The Attic
The Candy Corner
The Canvas
The Day Spa
Great Alaskan Lumberjack Show
The Island Pub
The Landing

Theobroma Chocolates
Tom's Treasures
Tongass Trading Co.
Treadwell Appraisal Associates
Triangle Club, Inc.
Twin Lakes Cafe
Tyler Rental
Venneberg Insurance

Westmark Sitka
White's Inc
Wilkinson Consulting
Wings Airways
Wings of Alaska
Yellow Jersey Cycle Shop

An Aging and Disability Resource Center and Partner Agency of United Way of Southeast Alaska

Information and Referral · Advocacy · Peer Support · Independent Living Skills Training
De-Institutionalization · Outdoor Recreation and Community Access (ORCA)

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