

# this is independence

2016 Annual Report



*Inspiring Personal Independence*

**SOUTHEAST ALASKA INDEPENDENT LIVING**



# perseverance, problem solving and stewardship



Welcome Friends,

In this annual report, you will see the many ways in which seniors and people experiencing disabilities achieve greater independence and improved quality of life as a result SAIL services. What you may not see, however, are the skills that SAILors (our consumers, staff, board members, and supporters) use every day to promote and achieve the goals of independent living. These are the same skills that guided our navigation through the financial and programmatic changes of the past year successfully.

SAILors are problem solvers. We identify the challenges and barriers to our goals, whether it's getting a job or learning to kayak or figuring out how to maintain services in the face of reduced funding, and then we work together to find solutions.

SAILors persevere. We know that it's not always smooth sailing to our destination, but we plan ahead, prepare and adjust the sails until we get there—and then we look forward to the next adventure.

SAILors are good stewards. We make the most of our gifts, however they present themselves. Whether it is the talents of our consumers, the skills of our staff, or the contributions we receive from you and our community supporters, we invest those resources so we can achieve the best outcomes for everyone.

We are proud to share our achievements with you, and affirm our commitment to the people and communities of Southeast Alaska. Thank you for joining us on this voyage.

A handwritten signature in black ink, appearing to read "Kate Burkhart". The signature is fluid and cursive.

Kate Burkhart, Board President

# on the cover



Erik and Keegan enjoy a sunny, fall day with the ORCA after school program in Juneau.

*"It was really good finding ORCA, my sons have a great time during activities. Not only are they learning some great skills, but their self-esteem is evident when they come home. My husband and I are excited to have them in a friendly, accepting atmosphere!"*

- Keegan's mom, April

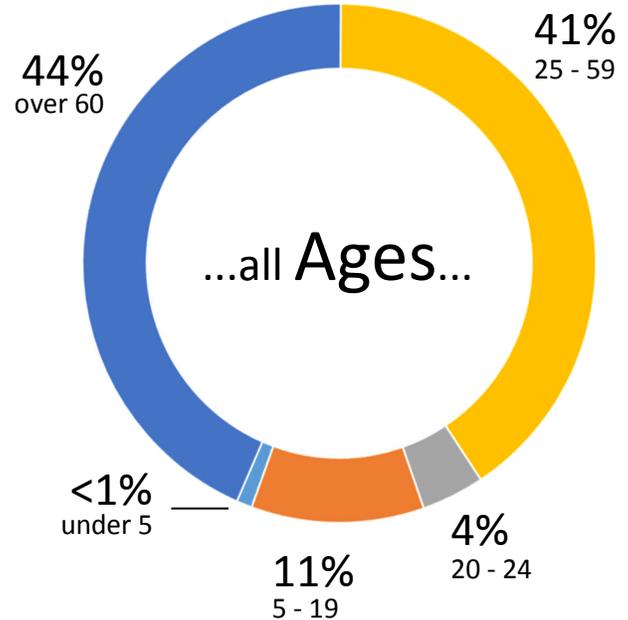
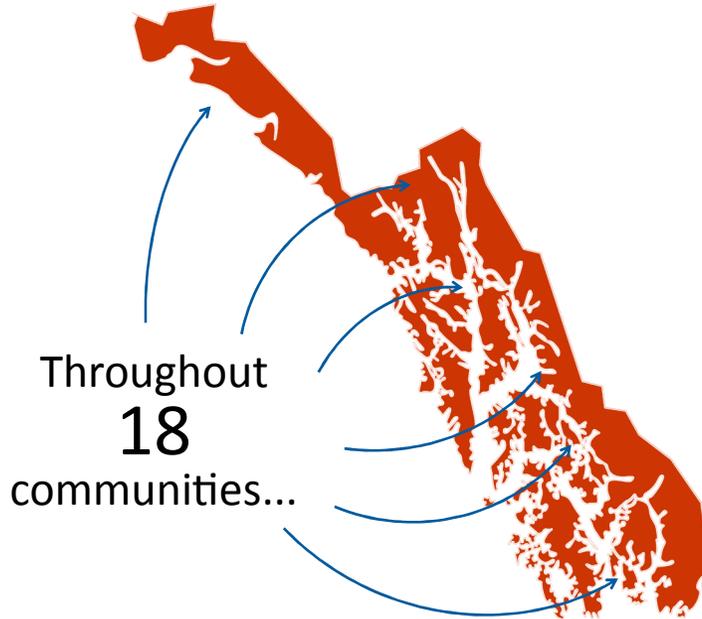
*"Thank you SAIL for getting me the power chair! It has widened my horizons in being able to now access many more places. I attend all gatherings and events that I choose to! The power chair has empowered me!"*

- Thomas, Wrangell



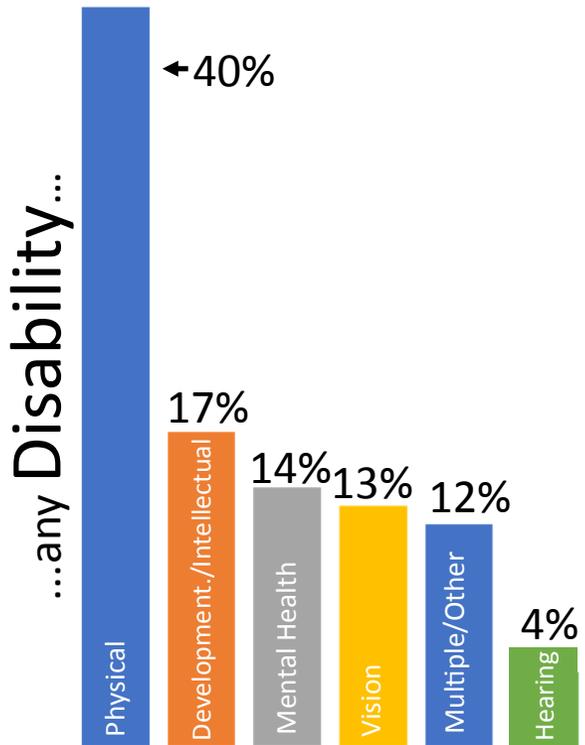
Bill skis with volunteer Andy during SAIL's "Learn to Adapt" day in January in Haines. In partnership with the Chilkat Valley Community Foundation, SAIL ferried up three certified adaptive ski instructors and a bus full of adaptive equipment to provide ski lessons throughout the day on the Fort Seward Lawn.

# More than 1,000 Seniors and People Exp

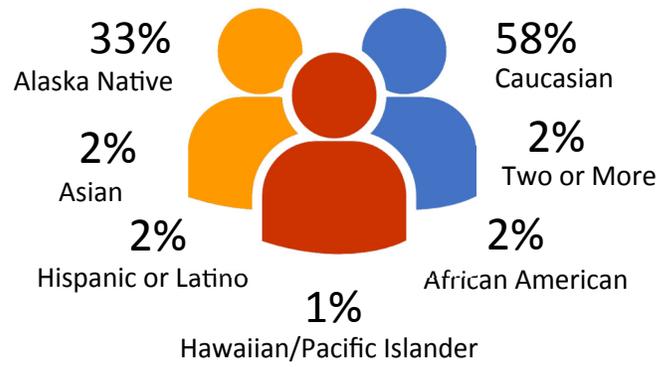


# Experiencing Disabilities Served in FY16\*

\*All statistics are self-reported by consumers.



...regardless of  
Race or Ethnicity.



# stories of independence



*"I really like having a reliable job where I get to work with kids. I love kids and I am really enjoying working again. I feel like I have good support at my job."*

-Elizabeth, Sitka

*"We would have been at a loss without SAIL. Keith and his crew played a key role in transitioning Andrew back into the community after his traumatic brain injury. Every person and every bit of information was crucial, and you helped connect us with so many of our key people now. You got us going and kept the ball rolling."*

- Ed, Andrew's dad, Ketchikan



*"You are extremely dedicated and make [us] feel like real people... and that is wonderful."*

- Sharon, Juneau

# stories of independence



In partnership with the Zach Gordon Youth Center and the Alaska Department of Labor, Division of Vocational Rehabilitation, SAIL employed 6 teens with disabilities to work in Juneau's city parks during the summer of 2016. These teens developed the skills and knowledge necessary to transition into the workforce or on to further education after high school.

*"We've built a bridge, we can all say that now. I like looking at what we did and feeling proud that we've built this and it's going to last a while, and I'll come back some other time and see that it's still here."*

- Chris, Juneau Empire interview , August 5, 2016



*"SAIL has supported me and many others on our journey to manage our mental illnesses. They have helped obtain resources and services that cover a variety of needs, including the opportunity to volunteer. Personally, without SAIL I would not be as hopeful as I am today."*

- Birdie, Ketchikan

*"Through the help SAIL gave me I obtained a computer, which broadened my communication with friends and family; a bed, which helps me sleep better than I have in a long time; a walker, which finally allows me to sit without cutting the circulation off my legs; and a pedal exerciser, which is keeping me active."*

- Scott, Petersburg



# stories of independence

*"Tuesday is always Peter's favorite day of the week because he gets to participate in outdoor recreation through SAIL. He always gets so excited to see his friends and the SAIL staff. Peter has done so many things through SAIL: kayaking, biking, photography, art, camping.... He really loves being social and SAIL is one of the best outlets for him to spend time with others. Peter comes home from SAIL and is even happier than before. Thank you, SAIL, for all that you do! (As I read this aloud Peter was listening and got very excited...he loves even hearing about SAIL!)"*

- Rachel and Zach, Peter's guardians, Sitka



*"ORCA and work experiences have been incredible in terms of life experience, making new friends, participating in a job for the first time, and the positive feedback he receives from SAIL staff and his peers. It's a huge part of our life and my hope is that Mitchell's exposure to the outdoors with skiing, hiking, biking and camping will carry forward to adulthood for a well-rounded, active and healthy lifestyle. Tuesday is a social day after school that Mitchell counts on and he feels accomplished afterwards when he comes home proudly telling me what the activity was. The program is reliable yet flexible, with really great staff who communicate well, are knowledgeable and are fun. Thanks ORCA for being such a wonderful part of our lives!"*

- Stacy, Mitchell's mom, Juneau



# stories of independence

David came to SAIL with the help of his daughter. He was struggling to apply for Social Security disability on his own and suffered from leg and back pain on a daily basis due to a traumatic brain injury (TBI) from falling off a bridge in 2010. As a result, David has trouble following through with paperwork, appointments and notices he receives in the mail. SAIL staff successfully helped David access Medicaid, allowing him to receive regular medical attention for the ongoing needs regarding his TBI and orthopedic disabilities. Now, with the addition of a successful application for Social Security disability, SAIL continues to be a source of support for David as he sorts out past due medical bills and receives regular and ongoing medical check-ups and care.

*“SAIL has helped me a lot! I would have never gotten anything done without SAIL’s help.*

*Thank you for being there and always being helpful. I’m really happy I found this place.”*



*“SAIL has been a blessing to me. The quality of my life has improved because of SAIL’s help.” - Karin, Petersburg*

# stories of independence



Luke Marquardt came to SAIL in Haines feeling disheartened and misunderstood by the medical and mental health systems. He felt defined by his diagnosis and that his talents and strengths were not being recognized. Luke, however, has many talents: his spirituality, his art, engineering and diving. It was his love of diving that captured SAIL staff's attention when Luke asked for assistance developing

meaningful employment. Having already taught himself to free dive, Luke was getting occasional jobs in the boat harbor retrieving lost items or working on boat propellers. With assistance from Vocational Rehabilitation (VR), SAIL and Luke developed a business plan, Luke completed Scuba training, acquired dive equipment and his small business, One Sea Underwater Services, was launched this summer! Through tapping into Luke's natural talents and interests, and collaborating with VR, Luke is now able to offer a valuable and scarce service to his community and earn income doing something he loves.

*"SAIL has a supportive environment that is rarely found in the medical world. The biggest challenge of living with a disability is gaining the confidence that you are capable of accomplishing your dreams. SAIL and DVR helped me to feel that confidence and take the steps necessary to make my dream a reality."*

- Luke, Haines

# SAIL board of directors



**Kate Burkhart, President, Juneau**

- Alaskan since 2001, serving those experiencing disabilities, poverty and insecurity.
- Public interest lawyer by day, volunteer public radio DJ by night.



**Elizabeth Spence, Vice President, Juneau**

- Nonprofit Leadership and Grant Management Skills
- Advocate for Individuals with Disabilities and Disability Rights
- Inspiring Personal Independence* is motto I live by!



**Mary Gregg, Treasurer, Ketchikan**

- Parent of an awesome young woman who experiences a disability
- Opportunity House, Board President



**Suzanne Williams, Secretary, Ketchikan**

- Opportunity House, Board Member
- Community Connections, former Board Member
- Ketchikan Youth Football League, former Treasurer

\*Visit [www.sailinc.org/board-directors](http://www.sailinc.org/board-directors) for full biographies.



**Robert Purvis, Sitka**

- State Vocational Rehabilitation Committee
- Previous SAIL Board President
- KTOO Board, former member



**Norton Gregory, Juneau**

- AWARE Board Member
- Juneau Affordable Housing Commission Board
- Juneau Senior Assisted Living Task Force
- Douglas Island Neighborhood Association



**Cheryl M. Putnam**

- NAMI past Board President
- CBJ ADA Committee Member
- SAIL Consumer Advocate of the Year 2012
- Juneau Low Vision Support Group Co-Host



**Jason Burke, Juneau**

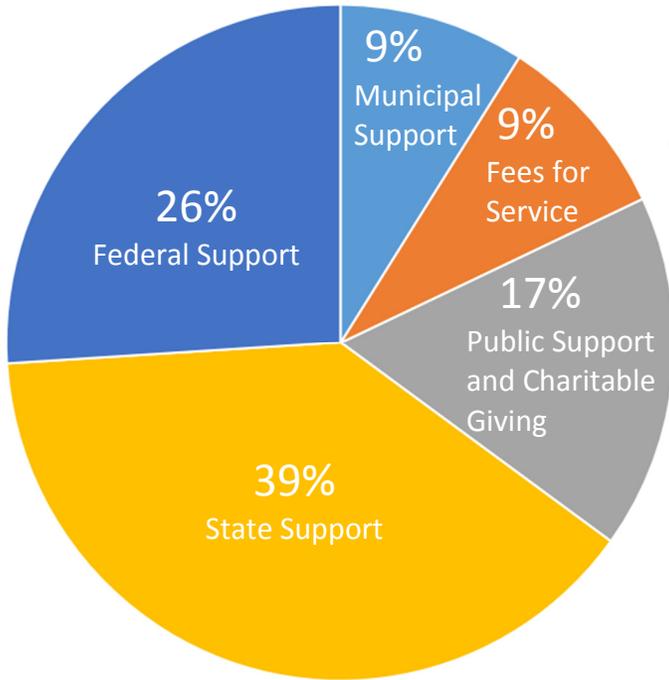
- State ADA Coordinator, 2007-2014
- Rainforest Recovery Center, Advisory Board
- Local Emergency Planning Committee



**Jeff Irwin, Gustavus**

- AWARE Board Member
- Gustavus Councilman and Fire Dept. Volunteer
- Former SAIL Staff and Person with a Disability

# stable, varied funding



## Fee for Service

Recreation • HomeMAP  
Employment Support • Benefits Analysis  
Pre-Employment Transition Services

More than **400** individual donors  
and financial supporters in FY16!

*\*See pages 13-18 for a full list of individual  
donors, foundation and public support.*

**25** federal, state, municipal and  
foundation grants received in FY16.

SOUTHEAST ALASKA INDEPENDENT LIVING, INC.

BALANCE SHEET

June 30, 2016

ASSETS:

CURRENT ASSETS:

Cash and cash equivalents:

Operating \$ 563,700

Project Playground 45,450

Receivables:

Accounts receivable 75,738

Grants receivable 134,681

Employee receivables 240

Prepays and deposits 30,363

Total current assets 850,172

EQUIPMENT AND LEASEHOLD IMPROVEMENTS, net 251,191

Total assets \$ 1,101,363

LIABILITIES AND NET ASSETS:

CURRENT LIABILITIES:

Accounts payable \$ 36,190

Accrued payroll expenses 45,516

Payable to Project Playground 45,450

Deferred revenue 11,497

Accrued compensation payable 41,018

Total current liabilities 179,671

NET ASSETS:

Unrestricted net assets:

Undesignated 662,954

Invested in equipment and leasehold improvements 251,191

Total unrestricted net assets 914,145

Temporarily restricted net assets

Total net assets 7,547

Total liabilities and net assets \$ 1,101,363

# financial statement

# “When you give cheerfully and accept gra

*Thank you to all who generously supported SAIL during FY16. This list does not include the many in-kind contributions that greatly aid our mission. THANK YOU!*

## **Empowerment Circle** (\$2,000 and beyond)

Alaska Mental Health Trust  
Annie and Walter Carpeneti  
Douglas-Dornan Foundation  
Mary and Doug Gregg  
First Bank  
Juneau Community Foundation  
Rasmuson Foundation  
Sitka Charitable Trust

Skaggs Foundation  
Stephen Stewart  
Mary and Kelly Tonsmeire  
United Way of SE Alaska  
White Elephant

## **Advocate Circle** (\$1,000-\$1,999)

AlaskaUSA Credit Union  
Chilkat Valley Community  
Foundation  
Paul and Sioux Douglas  
Eagle Wings Church  
Ray and Emily Howard  
Stacie Kraly  
Geoff and Marcy Larson  
Maura Odell



## **Accessibility Circle** (\$500-\$999)

Alaskan Brewing Co  
Albert Bertani  
Jason Burke  
Nancy Davis  
Brandee Gerke and Andrzej  
Piotrowski  
Norton Gregory  
Cindy Hansen  
Howsers IGA Supermarket  
Edgar and Virginia Johns, Jr  
Kimberly Kiefer  
Chere Klein  
Rose Manning  
Bill and Anita Moran  
North Pacific Erectors, Inc.  
Joan and Larry O'Keefe  
REACH  
RGO Services, Inc  
Elizabeth and Drew Spence

Sherri Vidic  
Adam Wilkinson  
Suzanne and Joe Williams

## **Innovation Circle** (\$100-\$499)

Donald Adam  
Megan Ahleman and Kelli  
Burkinshaw  
Alan Akiyama  
Alaska Glacier Seafoods, Inc  
Rusty Albert  
Diane Andresen  
Chris and Karl Ashenbrenner  
Patricia Atkinson  
Sharon Bandle  
Rai and Sue Behnert  
Marla Berg  
Diana and Mark Berry  
Rhonda Biles  
Amanda Blackgoat and Kwame  
Diehl

# cefully, everyone is blessed.” Maya Angelou

Douglas and Kathy Blanc  
Joyanne Bloom  
Sara Boesser and Juanita  
Reese

Ralph Borders  
Sarah Bosma  
Stephen Bower  
Dave and Laurie Boyd  
Ron and Cathy Bressette  
Grace Brooks

Judith Brownhall

Cora Brunette  
Kate Burkhart

John and Rosemary  
Butterfield

Cindy Buxton

James and Terry Calvin

Marianna Carpeneti

Sara and Richard Chapell

Walt and Bethann Chapman

Ian Clark

Al and Jeffra Clough

Miki Cole

Paul Comins

Bret Connell and Jorden Nigro

Douglas and Susan Crevensten



Deana Darnall

Todd Davis

William De Armond

Laraine Derr

Lynnette and Nils Dihle

Abijah Dixon

Lexie Domaradzki

John and Alison Dunlap

Jessica Edwards

Mark and Diana Edwards

Patrick Eggers

Velja Elstad

Ernie's Old Time Saloon

Craig Farrington

Filipino Community, Inc.

Sharon Fisher

Charlie Ford

Fred Meyer Community  
Rewards

Sharon Gaipman and Peter  
Freer

Kristin Garot

Jessica Gilbert

Gary Gillette

Beth Giron-Pendleton

Hugh and Shari Grant

Janice Gray

Tom Hall

Lindsay Hallvik

Hollis Handler

Diane Bigge and Sudie Hargis

Lea Harris and Chuck Mitman

John Hartle and Clare Pavia

William Hayes

Dorothy Hernandez

Diana and Mike Higgs

Leslie Antolick and Lori Hoover

Charles and Christine Horan

Horan & Company LLC

Susan Hunter-Joerns

Julie Jackson

Sierra and Carlos Jimenez

JK Thomas & Associates LTD.

Catherine Quinn and Bruce  
Johnson

Ruth Johnson

Juneau Youth Services

Bonnie and Hayden Kaden

Kate Walters and Casey Kelly

Lindsey Kerr

Jean Kline

*Continued on next page...*

# “It’s not how much we give but how muc

James and Elizabeth  
Knackstedt

John and Dolly Kremers

Jan Kriegel and Manuela  
Wehrmann

Susan and Gerald Kuelbs

Michael LaGuire

Patrick and Edna Leamer

Dwayne Lee

JoAnn and David Lesh

Keith Levy

Danielle Lindoff

Ann and William Lockhart

Logan General Tax Practice

Joann Lott and Tracy VerVelde

Lutak Lumber

Susan Macaulay

J. Allan and Margaret  
Mackinnon

Anthony and Amanda Mallott

Mountain Market

Dave and Lynn Marvel

Kevin and Mary McAvoy

Marcia Mckenzie

Steve Meilke

Marjorie Menzi and William  
Heumann

Will Metcalf

Mark Millea

Donna Miller

Connie Newman

Peter and Julie Neyhart



Sue Nix

Patricia O'Brien

Optimum Health & Wellness  
Physical Therapy, INC

Marc and Jesie Ormsby

Barbara Pastorino

Susan Patterson

Pfizer Foundation Matching  
Gifts Program

Julie Platson

Rebecca Provo

Anna Marg and John Rear

Ruth and Franklin Roth

Millie Ryan

Laurie Schoenberger

Sealaska Timber Corporation

Margaret Sebens

Gregory Seymour

Lawrence Sheehy

Sheinberg Associates

Sitka Elks Lodge #1662

Sitka Vision Clinic

Sally Smith

Southeast Regional Resource  
Center

Patricia Spence

Scott and Sandy Spickler

James Swanson

Saralyn Tabachnick

Sherry and Robert Tamone

Tatsuda's IGA

Theresa Tavel

Jill and Simon Taylor

Michael and Erlinda Taylor

Chris Todd

Robert Tonsmeire

Christine Urata

Gale and Karl Vandor

Sherri von Wolfe and Travis  
Miller

Nell Wagoner

Betty Walters

Jennifer Weinlaeder

Robert Weinstein

Kristin and Frank White

Gary and Mary Whiteley

Gordon Williams

Becky Wilson and Larry  
Derby

Patricia Yearty

# h love we put into giving.” Mother Theresa

## Collaboration Circle

(Up to \$99)

Shannon Adamson

Becky Allison

Caleb Allison

Heather Althorp

AmazonSmile

David Andersen

Julie and Noble Anderson

Anna Anderson

Lonnie Anderson

Rebecca Antonoplos

Lyric Ashenfelter

Mary and Linn Asper

Candace Ballantyne

Fred Balsiger

Kendra Batek

Don Beard

Amanda Beasinger

Janet Beauchamp

Rhonda Bedard

Natalie and Mario Benassi

Al Bixby and Pamela Woolcott

Max Blust

Deborah Boettcher

Harriet Botelho

Jason Boyle

Kenyatta Bradley

Molly Briggs

Jeff Budd

Nancy Burke

Mary Bus

Lori Buzzell

Neal Callahan

Mark Calvert

David Cannamore

Patti and Richard Carlson

Kim Champney

Emily Chapel and Micah

Henrick

MaryAnn Christensen

Scott and Christy Ciambor

Elizabeth Clement

Kay Clements

Patricia Crabtree

Tim Crondahl

Ben Crozier

Joe Dalton

Philippe Damerval

Denise Daniello

Aaron Danielson

Brad and Leasa Davis

Obadiah Dawson

Shannon Devon

Marie Disbrow

Marcia Donnelly

Eliza Dorn

Norman and Carol Douglas

Amy Dressel

Travis Eckhoff

Murray Eden

Cecelia Eggers

Weston Eiler

Shawn Eisele

Merry Ellefson and Wayne

Carnes

Lydia Elliott

Anita Evans

Debra and Greg Fradette

Nancy Frawley and Robert

Spath

Maggie Freitag

Daniel Fremgen

Milton Fussleman

Allison Gabbert

Janette and Thomas Gagnon

Cynthia Gibson

Keith Goering

Donnie Gott

Tracy Gottschlich

James and Shannon Green

DeeAnn Grummett

Bonita Gunsolley

Kathleen and Jeremy Hansen

Damon Hargraves

Jennifer Harty

*Continued on next page...*

# “We make a living by what we get, we mak

Ben Hastings  
Beverly Haywood  
Richard Hebardt and Sheryl  
Weinberg  
Yvonne and Steve Heitzner  
Christine Hess  
Blayne Hildebrand  
Kimberly Homme  
Kim Hort  
Ryan Stanley and Laura Hosey  
Jeremy Hsieh  
Julianna Humphreys  
James Humphrys  
Bob and Donna Hurley  
Jeff Irwin  
Mary Jefferson  
Adelaide Johnson  
Donald Jones  
Christie Jones  
Jerrold Jones  
Landon Jueong  
Nelle Jurgeleit-Greene

Harry and Elisabeth Kachline  
Jada Kahl  
Laura Karnowski  
Michael Karnowski  
Deborah Kesselring  
Grace Kinney  
Jennifer Knaggs  
Tristan Knutson-Lombardo  
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Kurt Kondzela  
Susan and Paul Krogstad  
Diana and Jim Kurka  
Laura Kurt  
Ward Lamb  
Joyce Landingham  
Janet Lassiter  
Brian Laurent  
Jennifer Lefing  
Bill and Aurele Legere  
Joyce Levine  
Sofia Lindoff  
Susan Listberger

Jessica Llanos  
Sheri and Craig Loomis  
Mark Lukey  
Erin Lupro



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Benjamin Lyman  
Rene Mann  
Leone and Gus Marx  
Sherri Maust  
Jimmy Lynn McConnell  
Bobbie McCreary  
Abigail McDermott  
Patty McMillin  
Scott and Denice McPherson  
Ed and Marie Mecham  
David Melton  
Lucrecia Mervine

Emjay Messinger  
Richard and Laurie Meyer  
Jane Miller  
Christopher Miller  
Max Miller  
Laura Minne  
Jeanne Monk  
Mary Moore  
Pam Mueller-Guy  
Aaron Mulgrew  
Dennis Nichols  
Megan Nigro  
Walt Norum  
David Nuetzel  
Shana Nunez  
Oceanview Restaurant  
Judy Olson  
Caitlin O'Meally  
Lori Ortiz  
Parnassus Books and Gifts  
Stacey Patrick  
Raymond and Joanne Pavia

# e a life by what we give.” Winston Churchill

Barbara Pavitt  
Caitlyn Payne  
John Peckham  
Bob and Dorothy Phillips  
David Piazza  
Susan Pollard  
Catherine Poulson  
Jerry Prindle  
Ruthanne Pritchett  
Cheryl Putnam  
Nancy Quinto  
Morgan Ramseth  
Jake Ritter  
Jeff Ritter  
Beth Rivest  
Caren Robinson  
Omar Rodriguez and  
Veronica Prida  
Matilda Rogers  
Robert Roles  
Natalee Rothaus  
Jessica Ryan-Ostrander

Misty Savage  
Amanda Savikko  
Ley and Karl Schleich  
Ruth Schmidt  
Thomas and Mary Schulz  
Melissa Senac  
Caryl Seris



Burl Sheldon and Nancy  
Berland  
Howard Shepherd  
Bob Small  
Gina Spartz  
Matthew Sponable  
Joanna Spotts

Justin Spurrier  
Meadow Stanley  
Michael Stark and M.J. Grande  
Judith Stearns  
Heather Stemmerman  
Dan Stevenson  
Russell Strandtma  
Kathleen Strasbaugh  
Peter Strow  
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Abigail Taylor-Roth  
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Erin Wallace  
Misty Warren  
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Bridget Weiss  
Bill Wharton  
Carl White  
Maria White  
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Noah Williams  
Gaye Willis  
Willow Works, Inc  
Theodore Wilson  
Mary Woodhouse  
Rachel Zahnd

*Inspiring Personal Independence*

**SOUTHEAST ALASKA INDEPENDENT LIVING**

**3225 Hospital Drive, Suite 300 Juneau, AK 99801**



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