Empowering Southeast Alaskans with disabilities by providing and promoting options to live as active, productive, and involved citizens in their community of choice.

2006 Annual Report  www.sailinc.org
Letter from the Director

Thanks to the hard work, dedication, and passion of our staff, board and volunteers—and the generosity of our donors and supporters—FY06 was a year of many and varied accomplishments for Southeast Alaska Independent Living (SAIL) and the 700 people with disabilities we serve. This annual report is a testimony to these efforts.

Effective collaboration was integral to much of our success in FY06. For example, SAIL took the lead in the Revilla Coordinated Transportation Coalition, bringing together government, for-profit and non-profit entities to improve and expand transportation options on the Ketchikan road system. SAIL is also involved in coordinated transportation coalitions in both Juneau and Sitka. SAIL took the lead role in the SE Youth in Transition effort, bringing together over two dozen entities in Sitka, Ketchikan and Juneau to improve employment and post-secondary education outcomes for youth with disabilities. SAIL is also very involved in numerous other local, state-wide, and national coalitions to advocate for people with disabilities, i.e., housing, homelessness, universal design, transportation, senior issues and more. SAIL staff once again proved amazingly resourceful, collaborating, leveraging, and linking resources for consumers and communities throughout Southeast.

A special thank you to the Capital City Quilters who generously donated a gorgeous quilt this past year and to the businesses and individuals who sold and purchased raffle tickets. This is just one example of the community support that enables us to provide services, empower people with disabilities, and make Southeast Alaska a better place for all.

And lastly, a heartfelt THANK YOU to the over two-hundred volunteers who have been instrumental in the success of every program and endeavor SAIL engaged in during FY06.

We look forward to FY07 and the opportunity to partner with each of you to empower SE Alaskans with disabilities to live as independently as possible in their communities of choice.

~ Joan O’Keefe, Executive Director

Imagine a playground that is fully accessible and designed with children’s help. Imagine joining side by side with your family and community to actually help build the playground. That is exactly what Project Playground is all about and SAIL is pleased to umbrella the project. The project partners SAIL, CBJ Parks and Recreation, and hundreds of local volunteers. The playground will be built at Twin Lakes in Juneau in the spring of 2007 in a week-long barn-raising event. If you would like to volunteer or donate, please go to www.projectplayground.simchic.com or contact the SAIL Juneau office.
Information and Referral: SAIL offices are community-based information and referral centers. Staff are knowledgeable about community agencies and service providers. SAIL will refer requests for services to the appropriate resource available. During FY06, SAIL provided information and referral services to 1091 community members throughout Southeast Alaska.

Peer Support offers individuals with disabilities the opportunity to share ideas and means of coping with a disability. Getting through the various stages of grief is important and those who have had similar experiences can often offer insight, help explore options and make informed choices and ultimately achieve control over one’s own life. This year SAIL provided peer support meetings that reached 108 individuals.

De-Institutionalization: SAIL works with individuals and institutions to promote the least restrictive, appropriate environment for maximum independence. SAIL assisted three individuals to transition from institutional care to home and community-based care during FY06 and diverted numerous others to independent living rather than institutional care.

Advocacy: SAIL is committed to advocating for the rights of individuals with disabilities and helping people learn to advocate for themselves. Advocacy efforts are seen throughout all of SAIL’s services and programs. Advocacy can be on an individual basis such as helping someone transition out of an institution to an independent setting or helping someone navigate the Social Security system. Advocacy efforts also take the form of ‘system advocacy’ such as working with public transportation and local businesses to ensure that they are complying with the Americans with Disability Act (ADA) and accessible to all. SAIL has been involved in 127 advocacy efforts in the last year!

Independent Living Skills Training: SAIL works with individuals who need education about and demonstration of techniques for daily living. SAIL responded to 700 request for Independent Living skills training sessions during FY06. Some examples are menu planning, shopping lists, budgeting, mobility and orientation training following vision loss, cooking, and learning how to access public transportation.
ORCA (Outdoor Recreation and Community Access)

ORCA is the recreation program of SAIL. ORCA’s purpose is to promote inclusive recreation and adaptive outdoor pursuits for Southeast Alaskans who experience disabilities through outreach, community education, and independent living skills building. Our philosophy is that recreation influences all aspects of a person’s life: their employment, social life, physical and spiritual well being and a sense of place in their community. Challenging recreation opportunities give an individual a chance to recognize their ability to succeed. The ORCA program can now be found in all three SAIL offices in Juneau, Ketchikan and Sitka. ORCA services include community access and inclusion opportunities, adaptive ski and snowboard school, youth and transition recreation services, TEAM (Transition to Employment and Mentoring), adaptive outdoor pursuits and trips. During FY06 ORCA facilitated 275 separate recreation opportunities serving 223 unduplicated individuals. Activities originated in Juneau, Ketchikan and Sitka.

HIGHLIGHTS

- Resurrection Pass Hiking Trip
- Grand Canyon Trip
- Fish Camp
- Road Trip to British Columbia
- Lake Eva Cabin Adventure
- Kayak around Douglas
- 41 individuals with disabilities participated in 160 individual lessons with the ORCA Adaptive Ski and Snowboard Program

“ORCA activities are one of the brightest spots in my daughter’s life, presenting challenges and triumphs, opportunities for friendships and companionship. She looks forward to ORCA activities all week”. -Chris Warren
The Assistive Technology Program includes an equipment loan closet, resource library and the Consumer Service Fund which assists consumers with purchasing adaptive equipment, home modifications or other services to promote independence. During FY 06, 162 loans were made throughout Southeast. The items included wheelchairs, shower benches, ramps, walkers, canes, crutches, commodes, beds, hand controls and an all-terrain wheelchair. The Consumer Service Fund provided funding for 83 assistive technology purchases, home modifications and services to promote independent living. SAIL also provided funding for 38 projects (equipment, educational materials on assistive technology) to benefit the community at large.

Benefits Counseling Program: All three offices employ certified benefits counselors who are available to assist consumers navigate the social security system and understand their entitlements. SAIL is a Vocational Rehabilitation vendor for benefits analysis. During FY06 SAIL provided 17 benefits analyses.

The Older Blind Alaskans Program serves people who have significant vision impairment. This population has been identified by the state of Alaska as underserved. The program offers support to help individuals adjust to vision loss, and provides educational and recreation opportunities. SAIL served 46 individuals with vision loss providing everything from mobility and orientation training to monthly peer support meetings.

The Deaf Services Program provides oral and sign language interpreter services to individuals who are deaf and hard of hearing. The program also provides interpreter training and community education. During FY06 SAIL provided interpreter services in response to 476 requests from businesses and agencies (twice the requests from the previous year). SAIL contracted with 19 sign language interpreters throughout Southeast in the past fiscal year and provided workshops and peer support meetings to ensure that interpreter skills are at their best.

Education: SAIL offers school and workplace training about disability etiquette and awareness, assistive technology, and ADA compliance. Last fiscal year SAIL provided training and educational presentations to 1900 students and 400 employees of regional businesses.

“I learned people with disabilities are just like me and you.” Harborview Elementary School Student

“My favorite thing you taught me was probably that a person can drive even if they have a Disability.” Auke Bay Elementary School Student
Housing Referral: Staff provides assistance with the location of appropriate shelter. Services include a housing registry with pricing and accessible units, applications for home modifications, and filing for Section 8 housing. SAIL provided 100 information and referral services regarding housing options and modifications.

SAIL Taxi Token Program: SAIL continued its partnership with Juneau Taxi and Tours to provide the capital city’s only wheelchair accessible taxi as well as the taxi token program (persons with disabilities or 60 and older to ride for 30 cents on the dollar). The taxi token program served over 400 seniors and people with disabilities during FY06.

Satellite Offices
SAIL’s service area extends from Prince of Wales to Yakutat, Southeast Alaska has unique barriers from the rest of the state, as it does not have the same type of resource base that surrounds the major population areas of Alaska. Most of Southeast Alaska is only accessible by marine or air travel. Southeast Alaska residents are dispersed throughout 33 coastal communities located on 61,000 square miles of land. The majority of the residents live in one of the three largest towns: Juneau, Ketchikan and Sitka. To meet the needs of individuals in Southeast Alaska, SAIL maintains three offices: the main office in Juneau and satellite offices are located in Sitka and Ketchikan. Both the Ketchikan and Sitka offices have grown considerably during FY06 due to new grants and impressive fundraising efforts in their respective offices.

Sitka
The SAIL Sitka office has seen significant change in the last year; from the return of a Jesuit Volunteer in the Sitka office, the growth of our loan closet and Options for Low Vision group to the expansion of ORCA programs and collaborations with other agencies. SAIL is proud to be providing more assistance and opportunities than ever in Sitka.

One of the many highlights of this year was the free Marine Safety program for all Sitka SAIL consumers and their families as a result of collaborative efforts from Alaska Marine Education Association, Sheldon Jackson College and ORCA. This was a six-week program full of interactive activities and games, including two sessions in the pool and a boat trip. All who participated had a wonderful time and learned a ton.

On July 6th, 2006, the Independent Living movement lost one of its greatest warriors: Gerald “Jerry” Kainulainen after a long and valiant struggle with a brain tumor. Jerry worked for SAIL in our Sitka office for fifteen years, but he was an advocate for persons with disabilities for many years beyond that, tirelessly fighting (and winning!) for more than twenty years to make positive changes for all Alaskans, but particularly for persons with disabilities. The 2005 Governor’s Committee on Employment and Rehabilitation of People with Disabilities recognized Jerry as the Alaskan of the Year (only one of the many prestigious awards Jerry was given throughout his esteemed life).

Every staff or board member who had the opportunity to work with Jerry is a better disability advocate because of it... Jerry is missed!
Ketchikan

The Ketchikan office is proud of its many accomplishments this year. For starters, the office was particularly successful in providing better outreach services to Prince of Wales than ever before. Staff was able to make several trips to Metlakatla, Hollis, Craig, and Klawock.

Six consumers from Ketchikan participated in the ORCA British Columbia road/tramping trip. Stops were made in Terrace and Smithers to check out the fairground activities and animal exhibits, music, arts and crafts and food vendors. Horseback riding was a favorite for all and the hot springs were a delight!

SAIL Ketchikan took a leading role in the Revilla Island Coordinated Transportation planning process. The group has made tremendous progress in making transportation more accessible and available to all in Ketchikan. A few highlights from the group’s work has been a secured contract for bulk fuel purchases for agencies that provide transportation, the city bus line expanded its route and will add bike racks to the buses. A formal transportation plan will be presented on November 15, 2006.

Southeast Alaska Aging and Disability Resource Center

During the past year, SAIL has embarked on a capital campaign to build Alaska’s first Aging and Disability Resource Center (ADRC). This Center will provide adequate space to address many currently unmet needs of Southeast Alaskans with disabilities. One of the most innovative components will be a fully accessible model apartment. This space will be used to teach independent living skills, conduct assessments, and showcase a wide range of products, technology and design features that promote maximum independence of people with disabilities. Currently this is an unmet need in Juneau. The SAIL ADRC will also house an Assistive Technology (AT) demonstration lab, lending library, and program staff.

Square footage for these components is 5000. Outside the main building, two storage units will sit detached, one for the Loan project (scooters, walkers, transfer seats, etc.) and a second unit will house the ORCA program’s recreation equipment (hand cycle, sit-skate, mono and bi-skis, snow glider, kayaks, and camping gear). The new facility will sit on the SE Non-Profit Center campus adjacent to Smith Hall, near the Juneau International Airport. The SE Non-Profit Center is a 36,000 square foot; 2-story facility built 100% ‘universal design’—which means maximum ADA and accessibility features. The building will be a business condominium—the ADRC will be fully owned by SAIL. By co-locating in a single center, condominium owners will derive operating cost savings through economies of scale at a rate below Juneau market. Boys and Girls Club, United Way of Southeast Alaska, St. Vincent de Paul and SAIL are the four core members in the project.

Where we are today—The site in the Mendenhall valley has been secured with significant local contribution: as an in-kind donation, the property sold at $138,000 below assessed value and St. Vincent’s donated the cost of architectural schematics and is carrying the $400,000 note on the land. The Alaska Mental Health Trust has embraced the Aging and Disability Resource Center through their Pre-Development Initiative and pledged $50,000 toward the project. In addition, they have already provided funding for numerous pre-development activities (board training, consulting fees, fundraising software) to ensure success in this type of Capital project. The SE Non-Profit has a $2 million Tier 2 invitation from the Rasmuson Foundation and the Alaska Legislature has provided $250,000 for the SE Non-Profit Center. The ADRC will break ground in spring of 2008.
**Giving is Good - A Message from the President**

One of the most compelling reasons that I serve on the SAIL Board of Directors is because I am 100% committed to SAIL’s mission to empower people with disabilities by giving them the tools to control their own lives and by providing opportunities so they can live with dignity. Also, I’m very proud of how well they do it. SAIL’s dedicated and talented staff work very hard, put in long hours and don’t get paid a lot for doing it. SAIL’s programs and special equipment are often expensive. Like other non-profit social service agencies, money is always tight, and SAIL depends on grants, special one-time funding sources and individual supporters to meet their goals and budget each year.

One of my jobs is to deliver this message and make sure that folks understand how important every donation, big or small, is to the operation of SAIL. Often donations are received from those whose lives have been touched one way or another by SAIL, or we may have helped someone they know. Regardless of the reason, or the size of the gift, each one, without question, helps to make a difference in our consumers’ lives.

I would like to extend a huge thank you to all the individuals, businesses and foundations who have contributed over this past year. Because of this generosity by so many, SAIL had another successful year empowering and enriching the lives of Southeast Alaskans with disabilities.

Paul Douglas, SAIL Board President

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**Universal Access Circle: $5000 or more**

**Barrier Remover’s Circle: $2,500 - $4,999**
- Skaggs Foundation, United Way, Juneau Empire, Alaska Grafix.

**Invest in Ability: $1,000 - $2,499**

**Colaborators’ Circle: $500-$999**
- Conoco Phillips, Wells Fargo, AK Chapter National Down Syndrome Congress, Coast Guard Women’s Association of Juneau, REMAX of Sitka, Alaska Pacific Bank, Juneau Sports Medicine, Teamsters Local 959, Valley Medical, Gastineau Guiding, Temsco Helicopters, Curves for Women, North Star Trekking.

**Advocates’ Circle $100-$499**

**Empowerment Circle: $1-$99**

A huge THANK YOU to the hundreds of individuals that donate and sponsor participants in our Annual Ski-a-thon every year that are not listed here. We are purchasing new software and starting this year, all SAIL and ORCA donors will be publicly recognized unless otherwise specified. Thank you for your continued support. Together we can truly make a difference in peoples lives.
Southeast Alaska Independent Living, Inc.

Statements of Financial Position
FY 2005 and FY 2006 (July 1- June 30)

Financial Summary

Highlights
The Sitka office renewed its City of Sitka grant, and increased local support by nearly half last year's rate. The Ketchikan office also renewed its city grant.

The Juneau office renewed all its renewable grants, was awarded a legislative appropriation to boost the Interpreter Referral program, and replaced funding for the very successful Youth in Transition program in all three cities.

Foundation and public support was increased by 185%.

Events:
Holland America’s Only Fools Run at Midnight (Juneau, Ketchikan, Sitka)- $30,380
Ski-a-thon- $31,056
Capital City Quilt Raffle—$9000
Figures above include corporate & individual donations

2006 2005

ASSETS
Cash and cash equivalents 19654 78,982
Investments 71305
Accounts receivable 9,636 14,796
Grants receivable 151,927 149,549
Prepaid Expenses and Other 43,883 31,203
Equipment less depreciation 129,552 48,057
TOTAL ASSETS 425,957 322,587

LIABILITIES & FUND BALANCE
Liabilities
Accounts payable 18,195 17,240
Accrued payroll and benefits 28,841 32,948
Deferred Revenue 27,180 29,005
Accrued Leave 40,012 28,880
Total Liabilities 114,228 108,073

NET ASSETS
Previous years net assets 214,515 120,713
Current year net assets 97,214 93,803
Total Unrestricted Net Assets 311,729 214,516
TOTAL LIABILITIES & NET ASSETS 425,957 322,589

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<td>322,589</td>
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* During FY 05 SAIL received a very generous one-time individual donation that can be seen in the graph above.
* SAIL did not have an auction in FY 06. We are focusing on more sustainable fundraising strategies.

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<th>Total Revenue</th>
<th>$1,267,876</th>
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* Figures above include corporate & individual donations

Ski-a-thon 2006
Quilt Raffle Winner

*Fundraising Events

- State Grants
- Federal Grants
- City Grants
- Foundation and Public
- Fees for Service
- *Individual Donations
- Corporate Donations
- *Fundraising Events

FY 06
- $494,936
- $488,766
- $73,439
- $42,311
- $97,435
- $22,500
- $21,855
- $25,634

FY 05
- $317,792
- $477,469
- $71,653
- $14,846
- $87,066
- $45,390
- $16,250
- $43,750

* Figures above include corporate & individual donations
Consumer Statistics

Number of Consumers Served

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<th>FY 04</th>
<th>FY 05</th>
<th>FY 06</th>
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<td>387</td>
<td>512</td>
<td>700</td>
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Primary Disability Information

- Physical
- Cognitive
- Other (Epilepsy, Neurological conditions, Diabetes, Cancer)
- Hearing
- Psychological
- Vision

Consumer Ages

- Age 0-5 years: 1%
- Age 5-19: 20%
- Age 60 & older: 35%
- Age 20-24: 6%
- Age 25-59: 38%

Service Area

- Juneau: 68%
- Sitka: 10%
- Northern Southeast: 7%
- Southern Southeast: 4%
- Ketchikan: 11%

Ethnicity

- Caucasian
- Alaska Native/Native American
- Hispanic
- Pacific Islander
- Mixed

Consumer Statistics
**Paul Douglas**  
Position: President  
Affiliations: Foundation for Hospice and Home Care; Douglas-Dornan Foundation, Board Member and Founder; REACH Inc., Former Board Member; Harmony House Assisted Living Home-Juneau, Co-founder

**Clark Gruening**  
Position: Vice President  
Affiliations: Alaska Bar Association; Foraker Group Governance Board, Chair; Alaska Permanent Fund Corporation, Former Trustee; Hale Ski Foundation; Juneau Community Foundation; Rotary.

**Elena Rath**  
Position: Treasurer  
Affiliations: Alaska Traumatic Brain Injury Advisory Board; SEAWEED (SE Agencies Working for Elderly, Exceptional & Disabled); Past Member of ADA Partners’ Project.

**Robert Purvis**  
Position: Secretary  
Affiliations: Sitka Fisheries Advisory Commission; Foundation Fighting Blindness; KTOO Board, former member; National Conference Planning Committee ASCD.

**Ann Park**  
Position: Member  
Affiliations: Consumer Advocate; Juneau Deaf Association; Juneau Soroptimist Club; Eagles Club; ADA Board Member for CBJ.

**Don Brandon**  
Position: Member  
Affiliations: State of Alaska ADA Coordinator; National Council on Independent Living, Past Co-chair of Housing Committee; Public Rights of Way Advisory Committee; National Handicapped Sports Association; Founded Midnight Sun Wheelchair Marathon; Alaska Governor’s Committee on Employment of People with Disabilities.

**Suzanne Williams**  
Position: Member  
Affiliations: Community Connections Board of Directors, Secretary; Ketchikan Youth Football League.

**Terrence Van Ettinger**  
Position: Member  
Affiliations: Consumer Advocate; Accessibility Advocacy and Outreach Committee Member; ADA Advisory Committee, City of Glendora CA, past member

**Beth Ann Chapman**  
Position: Member  
Affiliations: Alaska Bar Association; Alaska Bar Foundation; Alaska Pacific Bank Board of Directors; American Red Cross of Alaska, past chair.

**SAIL STAFF**

**Top Row Left to Right:** Brenda Stearns, Kara Lunde, Emily Buck, Eric Coufal, Sarah Bosma, Jennifer Bellman, Keturah Sadler, Brooke Munroe, Joan O’Keefe, Kevin Gadsey. **Bottom Row Left to Right:** Jennifer Shapland, Sierra Kaden, Cheryl Van Dyke, Jennifer Lanksbury **Not Pictured:** Pam Mueller-Guy, Kristina Brown, and Tonya Curtis